

# Indian Health Service and Tribal Hospitals GEDC BOOTCAMP

Thursday, May 19, 2022 1:00 PM - 3:30 PM EST 11:00 AM - 1:30 PM MT





### **WELCOME**

- **❖** Cheyenne River Health Center
- Crow Agency/Northern Cheyenne Hospital
- **❖San Carlos Apache Healthcare Corporation**
- **❖Parker Indian Health Center**
- ❖Blackfeet Community Hospital
- **❖Gallup Indian Medical Center**
- ❖Cherokee Indian Hospital
- **❖Northern Navajo Medical Center**





### gedcollaborative.com



@the**GEDC** 

### **Our Vision**

A world where all emergency departments provide the highest quality of care for older patients

### **Our Mission**

We bring best practice into action.

We transform and evaluate interdisciplinary best practice in geriatric emergency medicine, and then build and distribute practical, evidence-based clinical curriculum and quality improvement tools that support sustainable, quality care for older adults.

## GEDC Faculty



**Kevin Biese**MD, MAT, Co-P
University of North
Carolina



Pamela Martin
APRN
Yale University



Aaron Malsch RN, MSN, CGNS-BC Advocate Aurora Health



Laura Stabler
MPH
Program Director
GEDC



Conor Sullivan
Program Coordinator
GEDC



### Indian Health Service Geriatric ED Workgroup



Ardith Aspaas, RN

Nurse Consultant, Division of Nursing Services,
Office of Clinical and Preventive Services, IHS
Geri ED Project Manager, IHS



Bruce Finke, MD

IHS Elder Health Consultant



**CAPT Carol S. Lincoln**Director, Division of Nursing Services, IHS



Shawn D'Andrea, MD, MPH Chief Clinical Consultant, Emergency Medicine, IHS



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Chief Clinical Consultant,
Geriatrics & Palliative Care, IHS
Geriatrician, Cherokee Indian Hospital
Certified Medical Director, Tsali Care Center





### **Accreditation Statement**

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science and The Geriatric Emergency Department Collaborative (GEDC). Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



### **Credit Statement(s)**

#### **AMA**

The Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ANCC**

The Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 2.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.





### **Learning Objectives**

### By the end of this activity, you should be able to:

- Describe the Level 3 components of a geriatric
   ED based on the GED Guidelines
- Demonstrate familiarity with the GEDC Geri ED implementation resources available to IHS and Tribal Hospitals
- Identify problems and opportunities in ED regarding care of their older patients
- Identify a specific, focused quality improvement project that can be implemented over the next six months to improve care for older patients in their own ED



### **Disclosure Summary**

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science (Mayo Clinic School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

#### Relevant Financial Relationship(s):

Kevin James Biese, MD is a consultant for Third Eye Telehealth

No Relevant Financial Relationship(s)
Aaron Malsch, RN, MSN
Pamela Martin, APRN
Laura Stabler, MPH

Off Label/Investigational Usage: None

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### IHS and Tribal Hospitals GEDC Geri-ED Boot Camp

May 19,2022 1:00p - 3:30p EST

Time pm (EST)	Topic	Presenter(s)
1:00-1:15 (15 mins)	Welcome & Introductions	IHS / GEDC
1:15-1:25 (10 mins)	Program Awards & Grant Opportunities	Dr. Bruce Finke
<b>1:25-1:45</b> (15 mins)	Why GEDs & Accreditation Criteria	Dr. Kevin Biese
1:45-2:00 (15 mins) 2:00-2:15 (15 mins)	Case Studies (Breakout Rooms) Recap Case Studies	All
2:15-3:00 (45 mins)	GED Implementation - GEDC QI Resources	GED Protocols - Pam Martin Falls & Mobility - Aaron Malsch Tips & Initiatives - Dr. Kevin Biese
3:00-3:25 (25 mins)	Closing Remarks	IHS
3:25-3:30 (5 mins)	Wrap Up & Next Steps	Laura Stabler

# Technical difficulties

### Please text:

- Laura Stabler: 919-937-0411
- Conor Sullivan: 910-200-1312
- Lorraine Trecroce: 289-242-8936

### Welcome





Blackfeet
Community Hospital
North Browning, Montana

Cherokee Indian Hospital Cherokee, NC

Gallup Indian
Medical Center
Gallup, New Mexico

Parker Indian Health Center Parker, Arizona

Northern Navajo Medical Center Shiprock, New Mexico San Carlos
Apache Healthcare
Peridot, Arizona

Crow Agency/Northern Cheyenne Hospital Lame Deer, Montana Cheyenne River
Health Center
Eagle Butte, South Dakota



### **Blackfeet Community Hospital**



#### **EMERGENCY DEPARTMENT**

Serves 4 communities
Supports 1 Health Station



#### **OLDER ADULTS SERVED**

Annually in the ED









#### **TEAM MEMBERS**

- Neil Sun Rhodes, MD, Medical Supervisor
- Jami Crawford, RN, ED Nurse Supervisor
- Alfonso Torres, MD, EM Physician
- Jeanette Walker, RN, ED Lead Nurse
- Lorissa Hannon, QA/PI Specialist



### Unique Aspect of Blackfeet Community Hospital and it's community:

Delivers emergent and urgent care for slightly more than 131,000 patient encounters, with approximately 21,000 ED visits per annum.

As the fifth busiest ED in the state of Montana, we are nestled right against Glacier National Park and the U.S./Canadian border, which lends itself to a fair number of elderly tourists.

### **Cherokee Indian Hospital**





TRIBAL EMERGENCY DEPARTMENT



**OLDER ADULTS SERVED** 

Annually in the ED



**TEAM MEMBERS** 







### **Cheyenne River Health Center**



#### **EMERGENCY DEPARTMENT**

Serves 27 communities



#### **OLDER ADULTS SERVED**

Annually in the ED







#### **TEAM MEMBERS**

- Marlene Wakefield, Acting Chief Executive Officer
- Dr. John Rozehnal, Clinical Consultant,
   Department of Emergency Medicine at CRHC and Mount Sinai Hospital
- Dr. Yeisabeth Jimenez, Clinical Lead,
   Department of Emergency Medicine at CRHC
- Heather Sierra, RN, Geriatric Nursing Lead
- Johnna Watt, RN, Coordinator, Quality and Process Improvement



### **Unique Aspect of Cheyenne River Health Center and it's community:**

The Cheyenne River Health Center is the only Emergency Department in a 90 mile radius.

CRHC is working with Mount Sinai Hospital in New York to develop an educational and administrative partnership.

Accessing their expertise in developing and sustaining clinical initiatives focused on the care of the elderly.



### **Crow Agency/Northern Cheyenne Hospital**



#### **EMERGENCY DEPARTMENT**

**Critical Access Hospital** 

Serves 2 tribes – Crow and Northern Cheyenne

Supports 1 health Clinic and 1 Health Station



#### **OLDER ADULTS SERVED**

Annually in the ED







#### **TEAM MEMBERS**

- Dr. Charles Lambiotte, Clinical Director
- Dr. Lindsay Carlson, ED Director
- Dr. Cody Grace, ED Physician
- Dr. Zachary Zemore, ED Physician
- Dr. Thomas Olejnik, ED Physician
- Patricia Naillon, ED RN
- Virjama Williamson, Health Unit Coordinator



### Unique Aspect of Crow Northern Cheyenne Hospital and it's community:

The Crow Service Unit sits within the valley of the Little Big Horn, below the Little Big Horn Battlefield Monument, the site of Custer's last stand.

The Crow Reservation is made up of 2.2 million acres.

User population is approximately 14,000 in county, serving an even larger population in Billings and surrounding area.



### **Gallup Indian Medical Center**



#### **EMERGENCY DEPARTMENT**

Serves beneficiaries primarily from the Navajo Nation and the Pueblo of Zuni



#### **OUTPATIENT ENCOUNTERS**

Annually



#### **TEAM MEMBERS**

- Dr. Paula Mora, Chief Medical Officer
- Dr. Paul Charlton, ED Director
- Dr. Safia Rubaii, ED Physician
- Dr. Jamie Newberry, ED Physician
- Dr. Jacquelyn Simonis, Palliative Care Physician
- Alvina Rosales, RN, Supervisory Clinical Nurse



#### **Unique Aspect of GIMC and it's community:**



The workload at GIMC is one of the largest in the IHS with 250,000 outpatient encounters and 5,800 inpatient admissions annually. GIMC has the largest staff of all Navajo Area IHS facilities.

Gallup Indian Medical Center (GIMC) is the first IHS facility to be designated as a Level III Trauma Center.



### Northern Navajo Medical Center



#### **EMERGENCY DEPARTMENT**

Serves beneficiaries from NM, AZ, CO, and UT. Serves 22 chapters and Supports 2 Health Centers



#### **OLDER ADULTS SERVED**

Annually in the ED







#### **TEAM MEMBERS**

- Dr. Ouida Vincent, Clinical Director
- Dr. Jeanie Ringelberg, ED Director
- Dr. Carl Smith, ED Deputy Director
- Melanie Barber, RN, Supervisory Clinical Nurse
- Dr. Wiley Thuet, ED Physician
- Eirin Ward, RN, Assistant Supervisory Clinical Nurse and GED Champion



### **Unique Aspect of NNMC and it's community:**

Shiprock Service Unit is the largest geographical service unit of the Navajo Area IHS, serving 80,837 beneficiaries.

NNMC is a 60 bed medical center and is designated as a Level IV Trauma Center and is certified as Peds Ready by the New Mexico Emergency Medical Services for children and the University of New Mexico Child Ready Program.



### **Parker Indian Health Center**



#### **EMERGENCY DEPARTMENT**

Critical Access Hospital
Serves 4 communities



#### **PATIENTS SERVED**

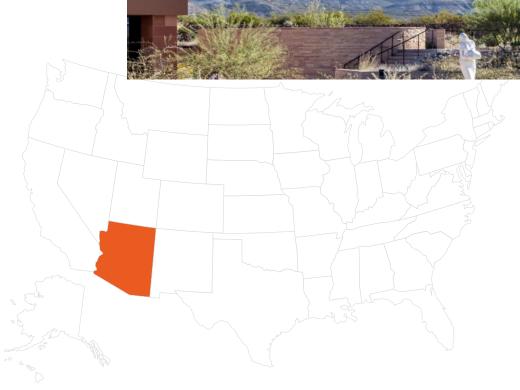
Annually





#### **TEAM MEMBERS**

- Michael Dickerson, MD, Clinical Director
- Jermaine Bridges, MD, ED Physician
- Adam Patch, ED RN





### Unique Aspect of Parker Indian Health Center and it's community:

Parker Indian Health Center in Parker, Arizona is the only hospital for the service unit and is the main hub for federal clinics located in Peach Springs, Chemehuevi, Moapa, and Supai.

The Colorado River Indian Tribes (CRIT) include four distinct tribes- the Mohave, Chemehuevi, Hopi, and Navaj GEDC

### San Carlos Apache Healthcare





#### **EMERGENCY DEPARTMENT**

Serves 4 communities



#### **OLDER ADULTS SERVED**

Annually in the ED







#### **TEAM MEMBERS**

- Dr. Charles Schnorr, ED Director
- Felita Jackson, RN
- Bonnie Bird, RN
- Dana Nosie, ER Tech



### **Unique Aspect of SCAHC and it's community:**

SCAHC is moving forward with building and operationalizing a 100-bed LTC-SNF facility on the SCAHC campus by December 2024.

The elders of this community are the protectors of Apache language, tradition and culture.



### **Alzheimers Grant Program Funding Opportunities**

Application deadline: July 18, 2022

https://www.ihs.gov/dccs/alzheimers/

### **Cooperative Agreements**

- Funding Announcement Number: <u>HHS-2022-IHS-ALZ-0001</u>
- **Eligibility:** Tribes, Tribal Organizations, and Urban Indian Organizations
- Federal Register Publication: Addressing Dementia in Indian Country: Models of Care
- Funding Amount: Awards of between \$100,000 and \$200,000 per year for 2 years
- Anticipate 5 awards

### **Program Awards**

- Eligibility: IHS Service Units working in partnership with the Tribe(s) and Nations that they serve under the condition that the Tribe(s) or Nations served by the IHS Service Unit have elected not to apply for a Cooperative Agreement (above)
- Application Materials: <a href="Program Award Application">Program Award Application</a>
- **Funding:** Awards of up to \$150,000 per year for two years
- Anticipate 3 awards





## **Geriatric EDs: The Why?**

## **Kevin Biese** MD, MAT



Geriatric Emergency Department Collaborative Implementation PI

Chair, Geriatric Emergency Department Accreditation



**COVID-19 Stressing Health Systems and the Emergency Department Safety Net** 

Emergency Departments (ED) are experiencing unprecedented levels of stress and our vulnerable patients and clinical teams are suffering. In the last few months, we have witnessed the clash of increasing patient volumes and acuity, with multilevel decreasing resources. ED staff are stretched thin from a severe national nursing shortage, unprecedented tension, and significant PTSD.

COVID-19 is a geriatric emergency

 Exacerbation of ED challenges (communication, delirium, crowding, etc.)

- Goals of care conversations / palliative care (esp. around ventilation)
- · High risk of delirium for older adults during COVID
- Care transitions and support between EDs and "home" (including SNFs)







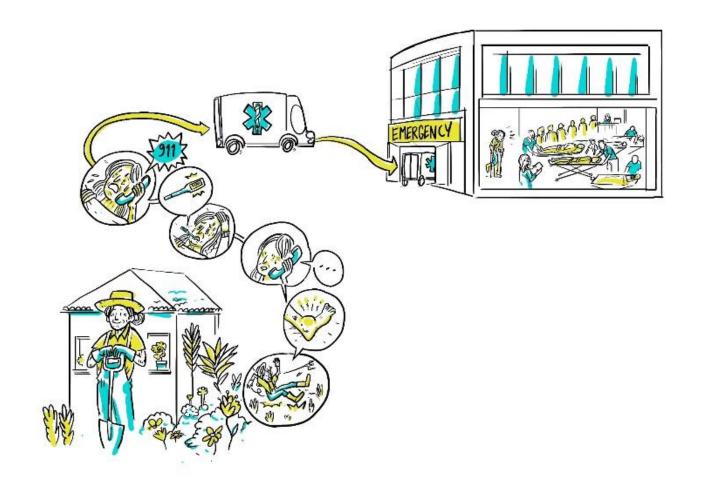




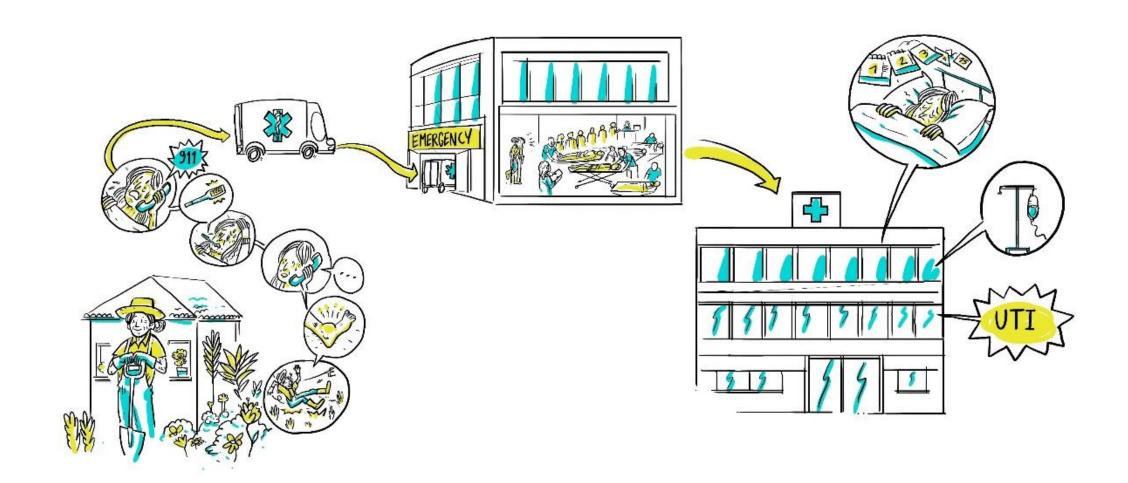




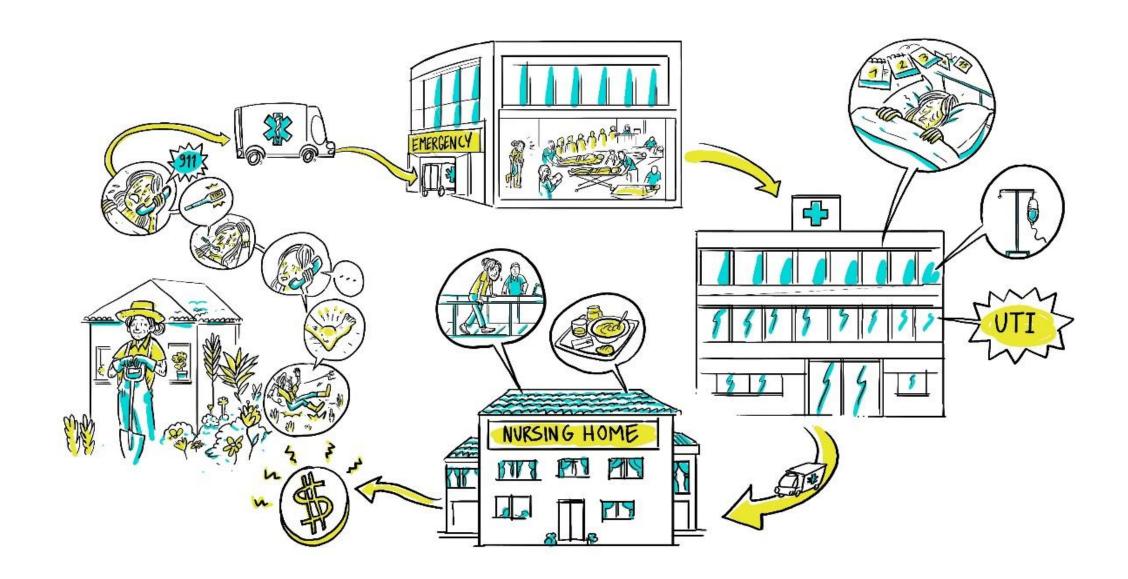
















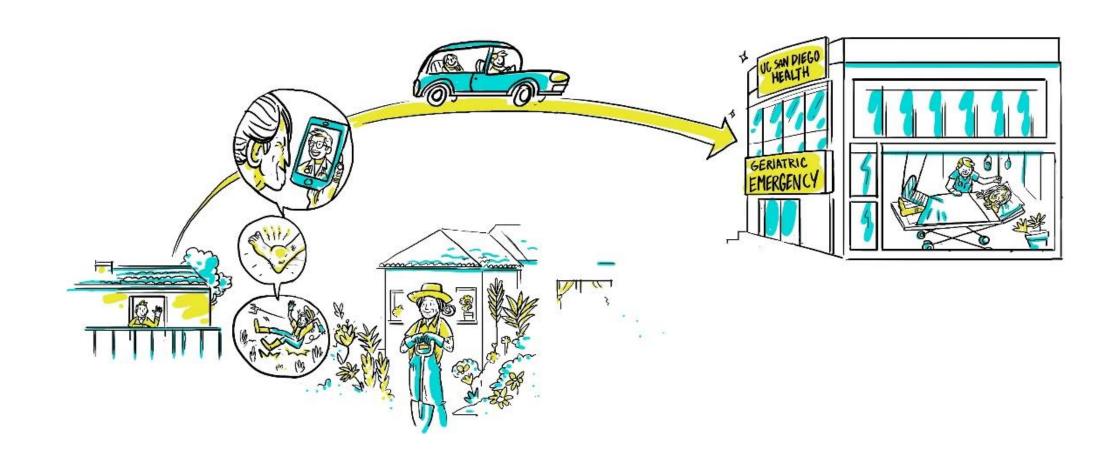




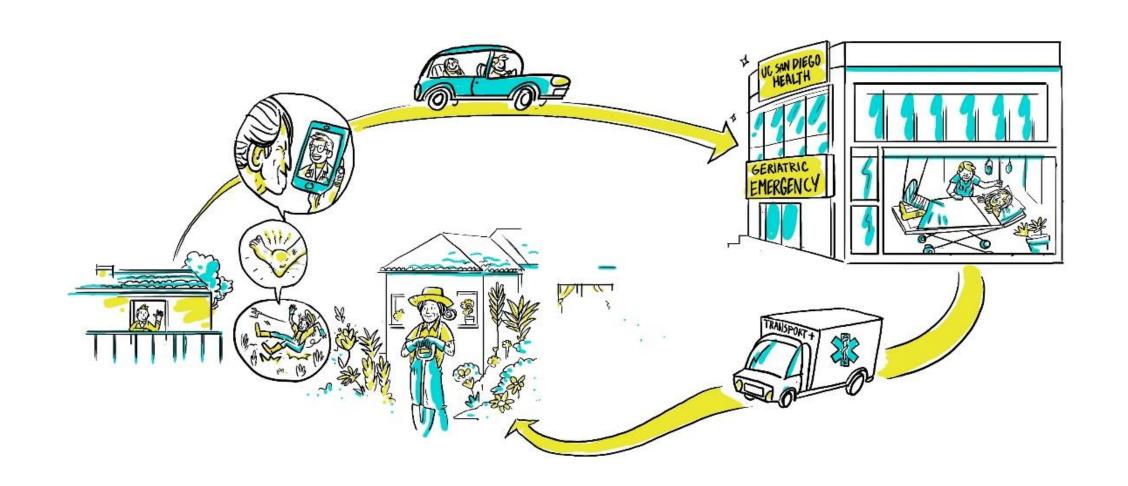




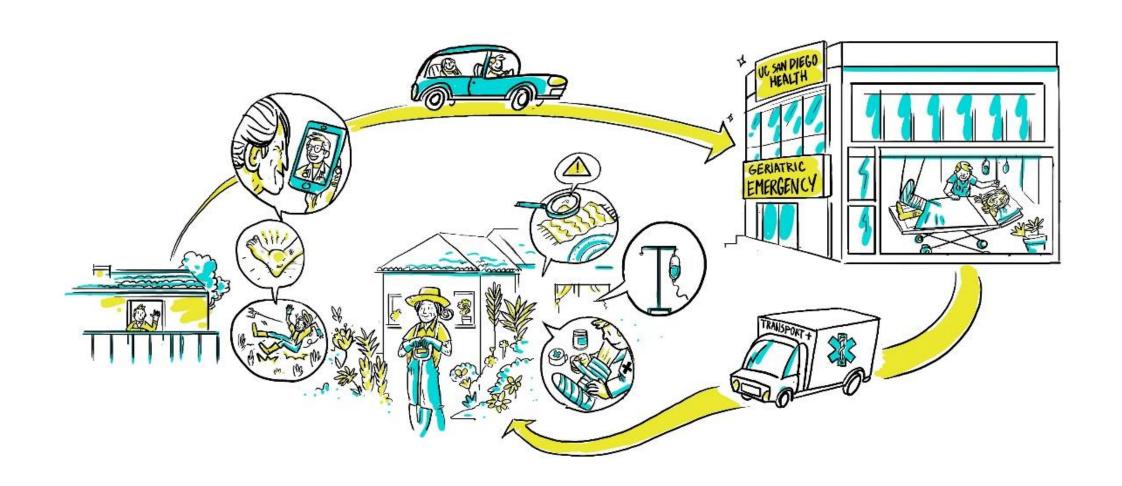




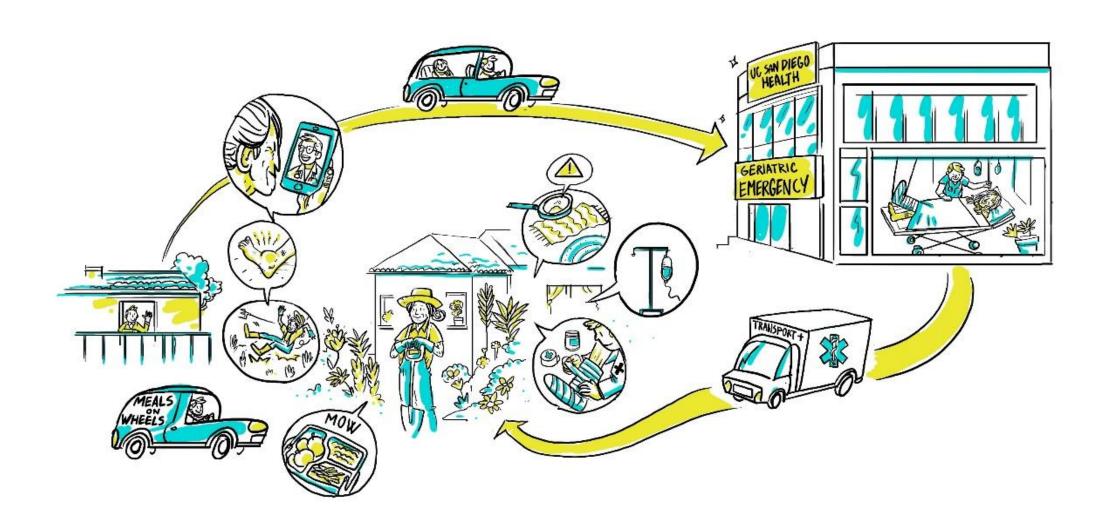








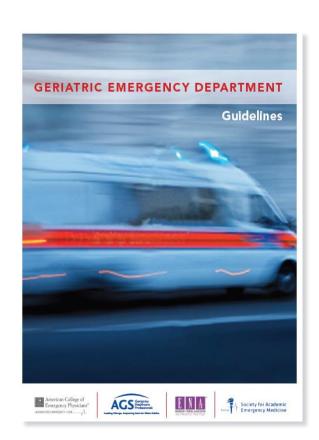




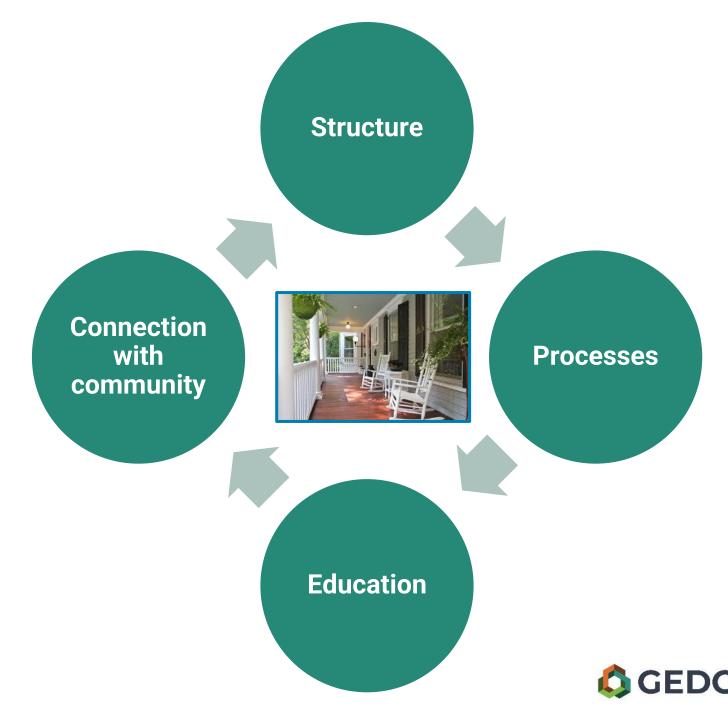


### **Geriatric ED Guidelines**

Four Critical Components of a Geriatric-Appropriate ED



**Geriatric ED Guidelines 2014** 



### **Critical Role of ED in Cost and Care Trajectory**

- 60% of older adults admitted to hospital come through the ED
- The ED itself is not the huge cost center of US Health Care, however ...
- ED makes decisions with tremendous cost implications (admit vs. discharge)
  - Average admission >\$22,000
- ED makes decisions with tremendous care implications
- Can the ED identify and intervene upon underlying social needs and integrate medical care to improve the care and cost trajectory?

RESEARCH REPORT

The Evolving Role of Emergency Departments in the United States

Kristy Gonzalez Morganti • Sebastian Bauhoff • Janice C. Blanchard

Mahshid Abir • Neema Iyer • Alexandria C. Smith • Joseph V. Vesely

Edward N. Okeke • Arthur L. Kellermann



## A growing body of literature supports **Geriatric EDs** as a solution

#### **Health Affairs**

HEALTH AFFAIRS BLOG DIFFUSION OF INNOVATION

The Journey Of Geriatric Emergency Medicine: Acceleration, Diffusion, And Collaboration As Keys To Continued Growth

Celly Ko, Adriane Lesser, Kevin Biese, Ula Hwang, Christopher Carpenter



and more of us live longer and healthier lives, f the largest demographic shifts in US history. s now turn 65 every day. Innovations in health

Characterization of United States Geriatric Teresita M. Hogan, MD, Tolulope Oyeyemi Olade, and Christopher R. Carpenter, MD, MSc

Emergency Departments in 2013

POLICY STATEMENT

#### Geriatric Emergency Department Guidelines

#### RELATED ARTICLE, P. el.

ncy Nurses Association, and the Society for Academic

wood by the ACEP Board of Directors October 2013- by

#### TRODUCTION

According to the 2010 Census, more than 40 million Americans were over the age of 65, which was "more people than in any previous census." In addition, "between 2000 and 2010, the population 65 years and over increased at a faster rate than the total U.S. population." The census data also demonstrated the total U.S. population. I for census data and outconstrained that the population 85 and older is growing at a rate alimons three times the general population. The subsequent increased need for health care for this burgoosing gratier; population represents an unspeccedented and overstellning shallenge to the American health care system as a whole and to emergency departments (EDs) specifically. "Gerraine EDs began appearing in the United States in 2008 and have become increasingly common."

The ED is uniquely positioned to play a role in improving The EJ a unsperly positionied to play a role in improving care to the graintin population. <sup>3</sup> An enver-increasing access point for medical care, the ED sits at a constroads between impatient and outqueint care ("ligare 1)." <sup>3</sup> Specifically, the ED represents 57% of hospital adminisions in the United States, of which almost 70% receive a non-surgical diagnosis." The expertise which a ED staff can being to an encounter with a geriatric patient can meaningfully impact not only a patient's condition, but can also impact the decision to utilize relatively expensive inpatient modalities, or less expensive outnations

outputient events, the care provided in the ED has the opportunity to "set the stage" for subsequent care provided.

Volume 65, NO. 5 : May 2014

represent 43% of admissions, including 48% admitted to the intensive care unit (ICU). 15.36 On average, the geriatric patient has an ED length of stay that is 20% longer and they use 50% more lab/imaging services than younger populations. <sup>57,18</sup> In addition, geriatric ED patients are 400% more likely to require social services. Despite the focus on geriatric acute care in the ED manifest by disproportionate use of resources, these patients frequently leave the ED dissatisfied and optimal outcomes are

contemporary emergency medicine management model may not be adequate for geriatric adults. 1.1 A number of challenges face ememency medicine to effectively and reliably improve post-ED veriatric adult outcomes. 22 Multiple studies demonstrate management strategies. 24:25 In addition, quality indicators for minimal standard geniatric ED care continue to evolve. 27 Older adults with multiple medical co-morbidities, often multiple

acuts with multiple medical co-morpolities, orien multiple medications, and complex physiologic changes present even greater challenges. <sup>28,28</sup> Programs specifically designed to address these concerns are a realistic opportunity to improve care. <sup>28</sup> Similar programs designed for other age groups (pediatrics) or directed towards specific diseases (STEMI, stroke, and trauma) have improved care both in individual EDs and system-wide resulting in better, more cost effective care and ultimately better

#### GERIATRIC ED-PURPOSE

arpose
The purpose of these Geriatric Emergency Department The purpose of these Vertaritic Emergency Department Guidelines is to provide a standardized set of guidelines that can effectively improve the care of the geriatric population and which is feasible to implement in the ED. These guidelines create a template for sattling, equipment, education, policies and procedures, follow-up care, and performance improvement measures. When implemented collectively, a geriatric ED can expect to see improvements in patient care, customer service, and staff satisfaction. 7.11 Improved attention to the needs of this opportunity to 'est the stage' for indiscipant care provided.

More accuste diagnoses and improved treguents measures on more only repolite and improve imprient care and outcomes, but not effectively good the discussion of resources results a patient population that, in general, utilizes significantly note resources prevent than younger populations. "Entire in Extra Ext

Annals of Emergency Medicine e7

#### IODELS OF GERIATRIC CARE, QUALITY IMPROVEMENT AND PROGRAM DISSEMINATION

#### A Geriatric Emergency Service for Acutely Ill Elderly Patients: Pattern of Use and Comparison with a Conventional Emergency Department in Italy

Fabio Salvi, MD, \* Valeria Morichi, MD, \* Annalisa Grilli, MD, \* Raffaella Giorgi, MD, Liana Spazzafumo, MD,‡ Stefano Polonara, MD,§ Giuseppe De Tommaso, MD, Alessandro Rappelli, MD, and Paolo Dessi-Fuloheri. MD

The current disease-oriented, episodic model of emergency care does not adequately address the complex needs of older adults presenting to emergency departments (EDs). Dedicated ED facilities with a specific organization (e.g., geriatric EDs (GEDs)) have been advocated, One of the few experiences in the world is described and its outcomes mpared with those of a conventional ED (CED). In a condary analysis of a prospective observational cohort of 10 acutely ill elderly patients presenting to two urban EDs Ancona, Italy, identifiers and triage, clinical, and social were collected and the following outcomes considered dy (30-day) and late (6-month) FD revisit, frequent FD ity (30-day) and late (6-month) ED revist, frequent ED rum, hospital admission, and functional decline. Death, actional decline, any ED revisit and any hospital admission were also considered as a composite outcome. Odds ios and 95% confidence intervals (CIs) were calculated, experients were older and frailer than CED tients. The two EDs did not differ in terms of early, late,

Elderly people are an ever-increasing population in or crowded emergency departments (EDs.). Their co-plex medical and social needs require more time a resources than those of younger adults. <sup>12</sup> Older adults frequently admitted1-3 and when discharged from the EI frequently admitted "" and when discharged from the E face adverse health outcomes such as ED return, hospitz ization, functional decline, and death. 1.2.4—7 It is widely agreed that the current disease-oriente episodic model of emergency care does not adequately a dress the complex needs of older patients. 8.9 The aim of EI

is to provide acute intervention and timely health care to patients with emergent or urgent problems. When a med-ically complex older person with reduced mobility, impaired memory, or poor social support presents to the E the system experiences crisis, slows down, and becomes

QUALITY IMPROVEMENT, AND PROGRAM DISSEMINATION

Association Between Physical Therapy in the Emergency Department and Emergency Department Revisits for Older Adult Fallers: A Nationally Representative Analysis

Adriane Lesser, MS, Juhi Israni, MS, Tyler Kent, and Kelly I, Ko, PhD

ABSTRACT: OBJECTIVES: To determine whether provid ing physical therapy (PT) services in the entergency depart ment (ED) improves outcomes for older adults who fall. DESIGN: We used Medicare claims data to examine dif-ferences in recurrent fall-related ED revier rates of older terenos in recurrent fall-related ED reviser rates of older adolles who presented to the ED for a ground level fall and swhether they received PT services in the ED. Our logistic regression model cuntrelled for age, seas, Malicial deligibil-ity, acute injury, and certain known chronic comorbidities

irý, auste imper, and certain kovom chronic comovideires associated with risk of fallings.

SETING. We carbord annotation 2012-13 Medicare SETING. We carbord and outdoor Medicare Parkette Carbor and the set of the set of

services.

MEASUREMENTS: We calculated the proportion of

nals proceiving PT in the ED and follow discharge, I Am Geriatr Soc 2018,

If the are the leading cause of injury relates more tility in Americans agod 6.5 and ids. \$1.19 billion in continued dues to medical cores \$20.15°, [Correction added on October 2, 20.18, in added, in 2014, approximately 2.5 mills on it, added, in 2014 and in added in a contraction of the interval of the contraction of the contraction of the survey determined that the ED visit rate for fall been grown over time, from 6.04 for 1,1000 old.

From the American College of Emergency Physicians, American Geriatrics Society, Emergency Nurses Association, and Society for Academic Emergency Medicine

Christopher R. Carpenter, MD, Milor<sup>1</sup>, Manipe Biominis, RN, Alffrey M. Caranno, MD, MPH. Audiny Chun, MD, Lowell W. Gerson, Ph.D. Jason Generapan, MD, Ulle Haung, MD, David P. Ann, MD, William L. Lyon, MD, Timothy F. Pistra-Mils, MD, MSC. Belly Motterner, RN, C Luni Raginder, MD, MMH, Mark Residency, DD, MMH, Scart T, William MD, MPH. for the MACEP Geniatric Energency Medicine Section, American Generation Society, Energency Nursea Association, and SAMM Academy of Geniatric Energency Medicine Section.

Optimal Older Adult Emergency Care: Introducing Multidisciplinary Geriatric Emergency Department Guidelines

SEE RELATED ARTICLE, P. e5

#### Geriatric Emergency Department Innovations: Transitional Care Nurses and Hospital Use

Ula Hwang, MD, MPH, \*\*\* Scott M.Dresden, MD, MS, \* Mark S. Rosenberg, Melissa M. Garrido, PhD, \*\*\* @ George Loo, MPA, MPH, DrPh, \* Jeremy Sze, Gravenor, MBA,§ D. Mark Courtney, MD,§ Raymond Kang, MA,\*\* Carolyn Vargas-Torres, MA,\* Corita R. Grudzen, MD, MSHS,+ and Lynne D. Richar WISE Investigators

#### The Geriatric Emergency Department

Ula Hwang, MD, MPH,\*† and R, Sean Morrison, MD†

With the aging of the population and the demographic shift of older adults in the healthcare system, the emergency department (ED) will be increasingly challenged with complexities of providing care to generatine gateriate. The special care need of older adults unstrumated by my not be aligned.

Description: with the priorities for how ED physical design and care is rendered. Rapid triage and diagnosis may be impossible in the older patient with multiple comorbidities, polyphar-macy, and functional and cognitive impairments who often presents with subtle clinical signs and symptoms of acute illness. The use of Geriatric Emergency Department Inter-ventions, structural and process of care modifications adddress these challenges, I Am Geriatr Soc 55:1873–1876,

For most of the 20th century, the growth of the popularities and 65 and older has far outpaced other age turns, As a result of the far outpaced other age turns, As a result of this demographics shift and an increase in longority resulting from changes in lifestyles, health, and nedical advances, one infew Americans will be aged 65 and older in 2030. By 2030, nearly 25% of Medicare benefits of the contractive will be aged 53 and older in 2030. By 2030, nearly 25% of Medicare benefits of the contractive will be aged 53 and older.

ciaries will be aged 85 and older.<sup>1</sup>

As the U.S. population continues to age, the healthcare system will need to face and embrace the challenges of caring for older adults. Care for elderly people is increasingly being sought in emergency departments (EDs), where older patients typically present with complex medical conditions, tay longer for more-extensive diagnostic testing and treat ment regimens, and require special needs during their visit.<sup>2</sup> The use of Geriatric Emergency Department Interventions

From the "Department of Emergency Medicine, "Brookdale Department of Geriatrice and Adult Development, and "Lillian and Benjamin Hertzbe Palliatrie Care Institute, Mount Sinai School of Medicine, New York, New York,

DOI: 10.1111/6.1532-5415.2007.01400.v

OLDER ADULTS AND THE ED
Although the aging population will all fact all areas of health
care, the ED is likely to be disproportionately affected. In
2002, approximately 35% of 75-year-folds had at least one
2002, approximately 35% of 75-year-folds had at least one
ED use increased with increasing age. Once in the ED,
deler patients are nore likely to have an energent or urgent
condicion, be hospitalized, and be admitted to a critical care
int... In addition, older patients are also more likely to
receive a greater number of diagnostic tests, spend longer
vices thus vousers got for the ED See vices thus vousers for their ED See
vices thus vousers for their ED. vices than younger patients.5

The ED is a unique environment where highly specialized

care is delivered to the acutely ill and injured and safety net care is provided to disenfranchised and vulnerable popula tions. Although studies have begun to demonstrate dispa ities in care for older adults, most have focused on specif diseases or conditions6 and have not looked specifically at how ED care and environmental factors may be associated with patient outcomes. Nonetheless, there are indications that the current model of ED care may not be meeting the needs of older adults. After an ED visit, older adults are at greater risk for medical complications, functional decline, and poorer health related quality of life than they were before. "A Up to 27% older adults decharged home from the ED experience revisit, hospitalization, or death within 3 months after dicherage." in addition, a survey of older patient discharged from an inner-sity ED revealed that most believed, and ED and were most attention to their questions. with patient outcomes. Nonetheless, there are indication

The special care needs of older adults unfortunately are not aligned with the priorities of how ED physical space is designed and how ED care is rendered. Space is planned with the intent of quick patient evaluation and turnover; the physical layout of a traditional ED is focused on maximal use of resources, Privacy is forsaken at the expense of imroving throughput so that curtains rather than walls serv as barriers between beds in an open-spaced ED, allowing for greater staff maneuverability and placement of multiple patients in shared bays during periods of crowding. Given

first TCN con-e study period.

significant risks for older plications, functional and independence. 8-14 This hij care to support transiti Programs like Geriatr vations in Care through

described as "a portal of

CONCLUSION: Target

Key words: emergency der

Clinics in Geriatric Medicine



#### CARE FOR THE OLDER ADULT IN THE EMERGENCY DEPARTMENT

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ELSEVIER

August 2018

August 2018



# Greater than 90% of Accredited GEDs launched without external funding

INITIAL OUTCOMES AT A GLANCE



## **GREATER**

Patient Satisfaction



## LOWER COSTS

Leveraging interdisciplinary team



16.5%

Reduced risk of hospital readmission



## LOWER RISK

Of 30-day fallrelated ED revisits



# What can a Geriatric Emergency Department do for my hospital?



#### **DECREASE READMISSIONS**

Recent update from SE US site:

13 Estimated Readmissions Prevented over first 3 months



#### DECREASE ED REVISITS IN HIGH-RISK POPS.

Midwest GED site: 9% decrease in ED revisits

JAGS article: PT in the ED associated with reduced 30- and 60-day revisits (p<0.001).



#### **INCREASE MARKET SHARE**

Actual case: Urban safety net hospital seeking more Medicare patients.

Actual case: Hospital in competitive area w/ many "snowbirds" seeks differentiation



#### BETTER CONSENSUS MANAGEMENT

CFO of academic system in NE: "I am tired of seeing the airambulance fly over us because we are on diversion. This can help us put our beds to better use."



#### **INCREASE STAFF SATISFACTION**

Result seen at multiple health systems across all levels of accreditation





## Level III

## **Good Geriatric ED Care**



- At least one MD and one RN with evidence of geriatric focus (champions)
- Evidence of geriatric focused care initiative
- Mobility aids
- Food & drink 24/7



## **Case Studies: Three Older Adults**

#### Mrs. Cado

78-year-old woman with a broken wrist

"ready for discharge"

For a video of Mrs. Cado: geri-em.com/functional-assessment/mrs-cado/

#### Mrs. Schwach

80-year-old woman, not feeling right

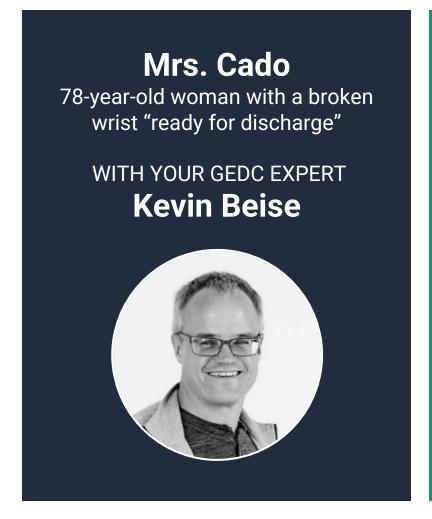
"Mom seems a little off"

#### Mr. Ivanhoe

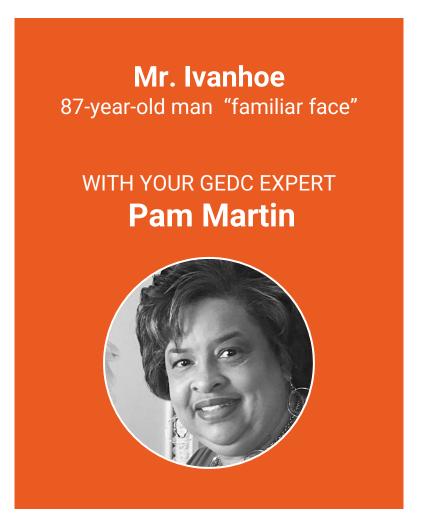
87 year old male "familiar face"

## **Case Study Breakout Rooms**

25-MINUTE SMALL GROUP DISCUSSION









## **Joining Breakout Rooms**

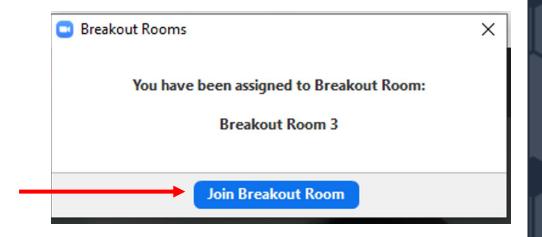
**QUICK OVERVIEW** 

You have already been assigned to your breakout room.

In the bottom toolbar in Zoom, you may click the button to join your breakout room.

#### Please be patient.

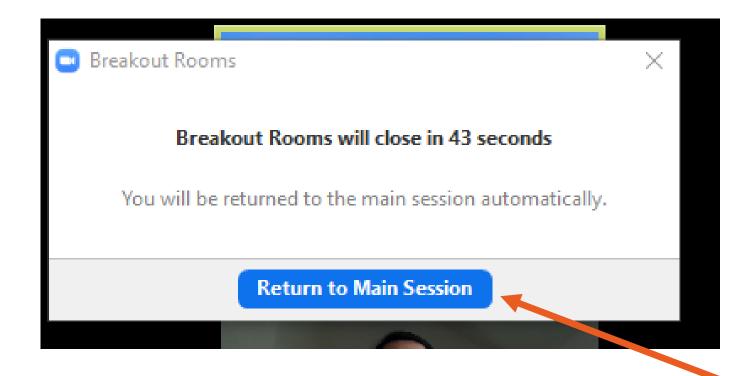
It can take a little while for all the connections to come through.





## **Leaving Breakout Rooms**

DON'T EXIT THE WHOLE MEETING! RETURN TO MAIN SESSION.



When your case discussion time is over (15 minutes), you will receive a 2-minute countdown warning. After 2 minutes you will be automatically returned to the Main Session.

To leave the breakout room, click "Return to Main Session" (instead of Exiting the zoom meeting)



## When You Come Back

CASE DEBRIEFS - CONNECTING CASE STUDIES

#### Assign someone in your group to describe:

- One barrier to quality care for your patient at your ED now and
- One opportunity for improvement that you could implement.
- 5 minutes per group





## **CASE DEBRIEF**

CONNECTING CASE STUDIES

#### BARRIER TO QUALITY CARE

Group 1: Older adult with fall

-Multiple antihypertensive

-Pain

-Support at Home

Group 2: "Not feeling right"

-Vague complaints

-Multiple delays

-Incomplete information

-NPO, immobility for 10hrs

Group 3: CPOD

-Vague know services

-Poor documentation

-Geographic distance

## OPPORTUNITY FOR IMPROVEMENT THAT YOU COULD IMPLEMENT

Follow up with PCP

Standardized processes for discharge -ambulation, eating, mental status

Highlights:

4M's Framework Mobility, Medication, Matters,

Mentation





# Creating older-adult specific policies based on existing generic hospital policies

Pam Martin, MS, RN, GCNS-BC

Yale New Haven Health



## To satisfy accreditation criteria:

## Policy needs to be ED and Older Adult specific

#### **Example:**

#### <u>NPO</u>:

In the ED, all patients  $\geq$  65 years of age is allowed to have clear liquids unless actively vomiting



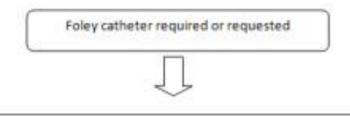
## To satisfy accreditation criteria:

## Policy needs to be ED and Older Adult specific

#### **Example:**

**Urinary Catheter:** 

For ED patients age > 65 introduce decision algorithm



Does the patient have any of the following characteristics or needs:

- Urinary retention/outflow obstruction?
- Need for close monitoring of urine output and inability to use urinal or bedpan?
- Sacral/perineal open wound with urinary incontinence?
- Too ill or incapacitated to use alternative urine collection method?
- Post op patient?
- Neurogenic bladder?
- Emergent pelvicultrasound?
- Emergency surgery?
- · Hip fracture?
- · Other urological problem?
- · Hospice or palliative care?



## To satisfy accreditation criteria:

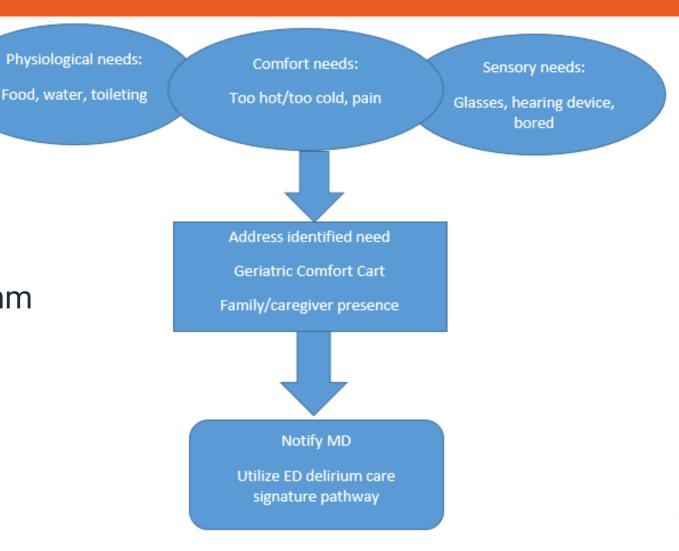
## Policy needs to be ED and Older Adult specific

**Example:** 

**Use of Restraints:** 

For ED patients age > 70

introduce decision algorithm



## Pam's Pearls

When developing your policies ask yourself:

- What age
- What inclusion/exclusion criteria will you use
- Do frequent small tests of change (PDSA cycles)
- Offer education to all involved in process (nursing, techs, MD, APP)



A standardized delirium screening guideline (DTS, CAM 4AT, other)

## with appropriate follow-up

Under recognition

Increased Morbidity & Mortality

Increased Costs

Revisits/readmissions

Increased LOS >> ED boarding

<u>Delirium\_EDImplementationToolkit.pdf</u> (gedcollaborative.com)

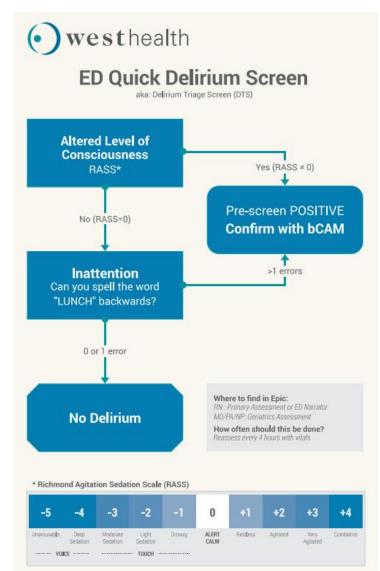


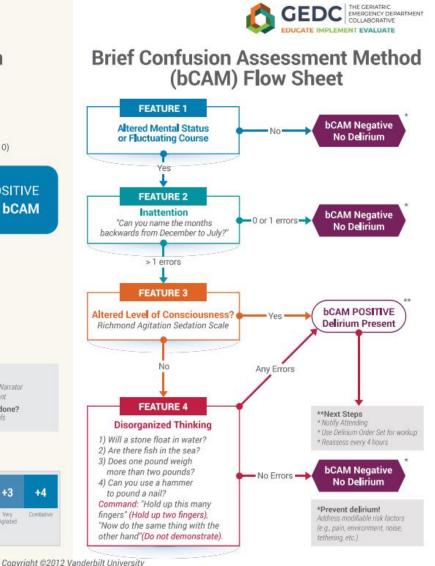
## **Screening Tools**

## **Delirium Triage Screen (DTS)**

#### Pam's Pearls

- Nursing involved in choosing screening tool
- Who will screen
- Where will you screen (triage/room)
- Where will screen be located: paper, EMR, where in EMR





## **Appropriate Follow-up**

#### What are you doing with the information?

## **Provider notification Delirium Prevention Strategies**

 Geri Comfort Cart/ Delirium Prevention Cart/ Dementia Cart: <u>Non-pharmacologic</u> <u>interventions improve comfort and experience</u> <u>among older adults in the Emergency</u> <u>Department – ScienceDirect</u>

## Non-pharmacological measures to prevent and treat delirium

- Redirection, reassurance, distraction
- Address physical needs (nutrition, hydration, bathroom)
- Normalize sleep wake cycles
- Mobilize early, remove tethers

#### **Outpatient referral**

#### Pam's Pearl's

- Make it easy
- Have items accessible
- Model ideal behavior
- Reward high achievers
- Determine your metrics and how to obtain
- Can you tie the outpatient referral to other policy/protocol (access to geriatric specific follow up)



A guideline for standardized assessment of function and functional decline (ISAR, AUA, interRAI screen, TRST)

with appropriate follow-up

Identify high-risk patients

Functional decline

Admission/readmission

 Can be used in conjunction with ESI to identify patients for geriatric team

## **Screening Tools**

#### Choose a tool

#### **ISAR**

- Before the illness or injury that brought you to the Emergency, did you need someone to help you on a regular basis?
- 2) In the last 24 hours, have you needed more help than usual?
- 3) Have you been hospitalized for one or more nights during the past six months?
- 4) In general, do you see well?
- 5) In general, do you have serious problems with your memory?
- Do you take six or more medications every day?

  Positive test is 2 or more

N/A not applicable

## TRST

01

00

01

00

01

00

00

01

01

00

01

00

/6

☐ Yes

□ No

□ Yes

□ No

Total

1.	History of cognitive impairment (poor recall or not oriented)		
2. 🗌	Difficulty walking / transferring or recent falls		
3. 🗆	Five or more medications		
4.	ED use in previous 30 days or hospitalization in previous 90 days		
5.	Lives alone <b>and/or</b> no available caregiver		
6.	ED staff professional recommendations:		
	☐ Nutrition / weight loss	☐ Incontinence	
	☐ Failure to cope	☐ Medication issues	
	☐ Sensory deficits	☐ Depression / low mood	
	Other		

## Appropriate follow up

### What are you doing with the information?

- CM
- GEMS nurse/APRN
- SW
- PT/OT consult



#### Pam's Pearls

- Who, where, when will screen be completed
- Determine age that you will begin screen
- What "number" will you use to trigger additional interventions
- Check for and obtain ISAR copyright

A standardized dementia screening process (Ottawa 3 DY; Mini Cog, SIS, Short

Blessed Test; other)

## with appropriate follow-up

Increased risk for delirium

Discharge planning

Obtaining H & P / Medical workup

Fits into system goals

Opportunity for potential grant funding



## **Screening tools**

gedcollaborative.com/toolkit/dementia-2/

### Multiple available but MINI COG fits into IHS

(• )	west health



#### THE MINI-COG™ DEMENTIA SCREENING INSTRUMENT

#### Step 1:

#### Three Word Registration

Look directly at person and say, "Please listen carefully. I am going to say three words that I want you to repeat back to me now and try to remember. The words are [select a list of words from the versions below]. Please say them for me now." If the person is unable to repeat the words after three attempts, move on to Step 2 (clock drawing).

The following and other word lists have been used in one or more clinical studies.1-3 For repeated administrations, use of an alternative word list is recommended.

version i	version
Banana	Leader
Sunrise	Season
Chair	Table

Version 3
Village Kitchen



Finger



Version 6

Daughter

Heaven

Mountai∩

1

#### Clock Drawing

Say: "Next, I want you to draw a clock for me. First, put in all of the numbers where they go." When that is completed, say: "Now, set the hands to 10 past 11."

Use preprinted circle (see next page) for this exercise. Repeat instructions as needed as this is not a memory test. Move to Step 3 if the clock is not complete within three minutes.

#### Step 3:

#### Three Word Recall

Ask the person to recall the three words you stated in Step 1. Say. "What were the three words I asked you to remember?" Record the word list version number and the person's answers below.

Word List Version:

Person's Answers:

#### Scoring

Word Recall: (0-3 points)	point for each word spontaneously recalled without cueing.
Clock Draw: (0 or 2 points)	Normal clock = 2 points. A normal clock has all numbers placed in the correct sequence and approximately correct position (e.g., 12, 3, 6 and 9 are in anchor positions) with no missing or duplicate numbers. Hands are pointing to the 11 and 2 (11:10). Hand length is not scored. Inability or refusal to draw a clock (abnormal) = 0 points.
Total Score: (0-5 points)	Total score = Word Recall score + Clock Draw score. A cut point of <3 on the Mini-Cog $^{\rm M}$ has been validated for dementia screening, but many individuals with clinically meaningful cognitive impairment will score higher. When greater sensitivity is desired, a cut point of <4 is recommended as it may indicate a need for further evaluation of cognitive status.

#### Pam's Pearls

- Who, where, when will screen be completed
- Determine age that you will begin screen
- What other criteria will be used for patient selection
  - Will all patients get screened
  - Only patients with AMS, etc
- Have a plan to use the information. Do not have it be JUST ANOTHER screen
- ED specific education on why this matters

**geriatricfastfacts.com**/fast-facts/creating-dementia-friendly-emergency-departmen

#71

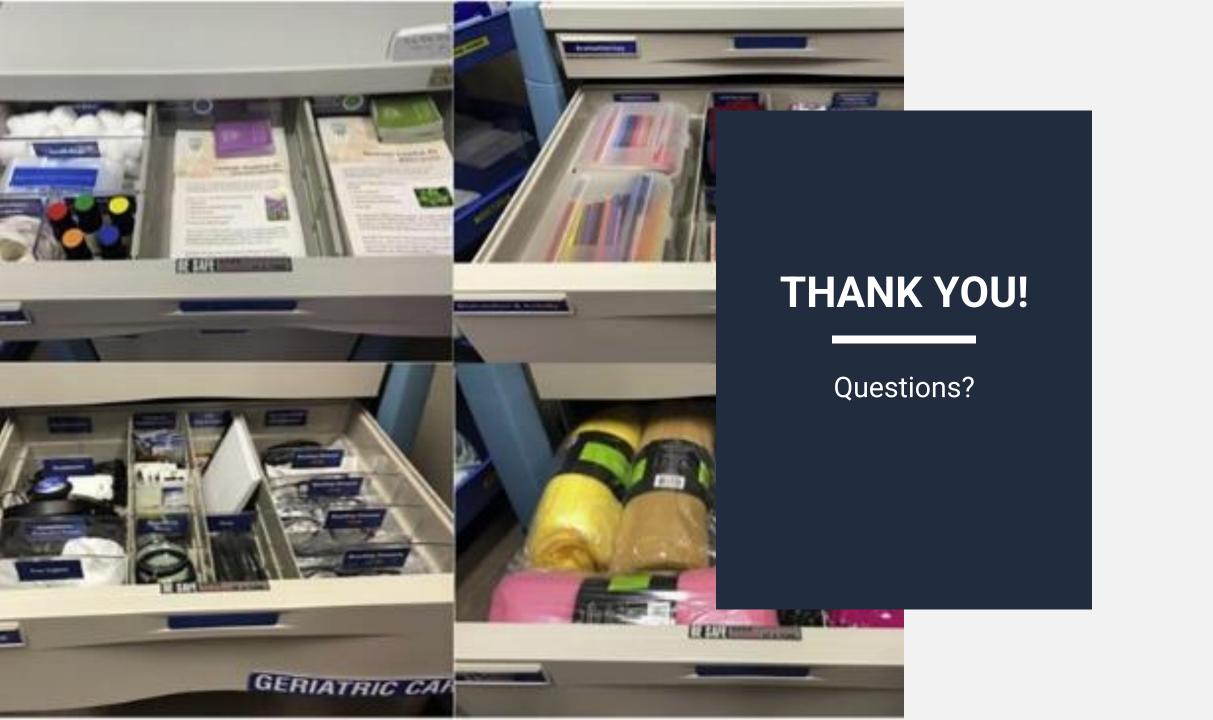
**geriatricfastfacts.com**/fast-facts/assessment-dementiapatients-emergency-department

## Pam's Program Pearls

As you begin your quality improvements, remember:

- Assess culture and readiness for new ED initiative
- Learn system priorities and how this fits into those
- What processes/projects are occurring simultaneously
- Engage ALL stakeholders early in process
- Review processes frequently (share data)
- Keep process front and center
  - educational opportunities
  - Newsletters
- Reward high achievers







# Management of Older Adult Falls and Mobility in the Emergency Department & Lessons Learned

Aaron Malsch, MS, RN, GCNS-BC

Advocate Aurora Health Senior Services Department Geri ED Program Manager



Falls & Mobility Implementation Tool Kit

WEST HEALTH GEDC FALLS & MOBILITY TOOLKIT

gedcollaborative.com/toolkit/falls-and-safe-mobility/

...pssst...

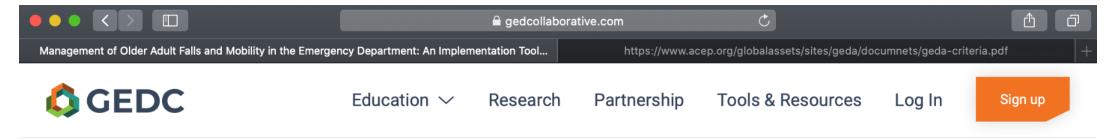
...it counts for TWO procedures towards GEDA



Management of Older Adult Falls and Mobility in the Emergency Department



## Falls & Mobility Implementation Tool Kit



#### What's Inside

Falls are a common presentation for older ED patients. Promoting safe mobility is a key goal of ED discharge. This toolkit provides helpful resources for making changes in your ED to enhance the assessment of older patients who have fallen and to ensure safe mobility post-discharge. It includes resources and tools and links to the evidence to support their implementation.





## FOAM Protocol

## INITIATING AT BEDSIDE

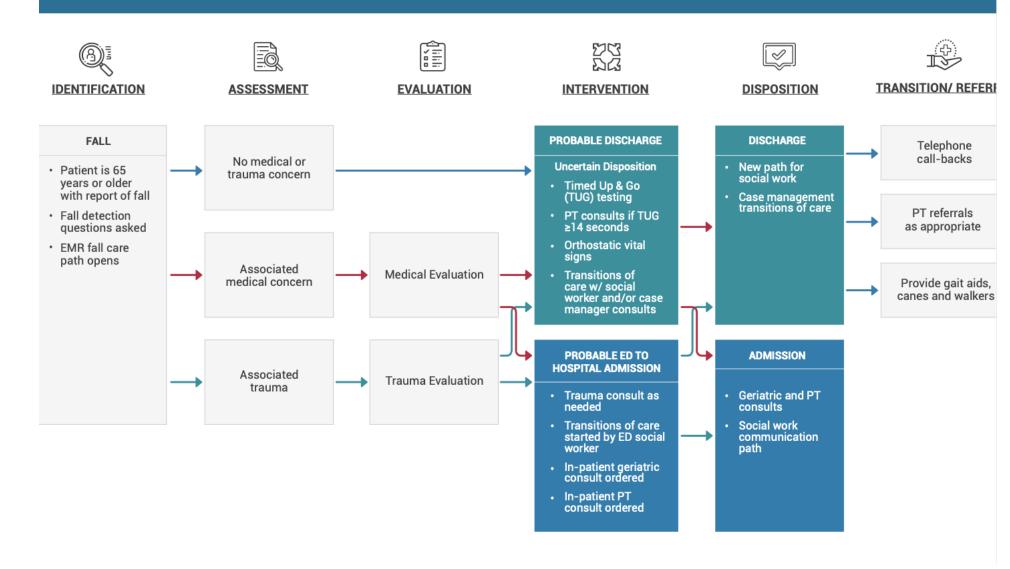
Note: Tailor to your specific needs and resources





### **FALLEN OLDER ADULT MANAGEMENT (FOAM) PROTOCOL**

Note: This is an example - Your protocol may vary





## Post-Fall Assessment

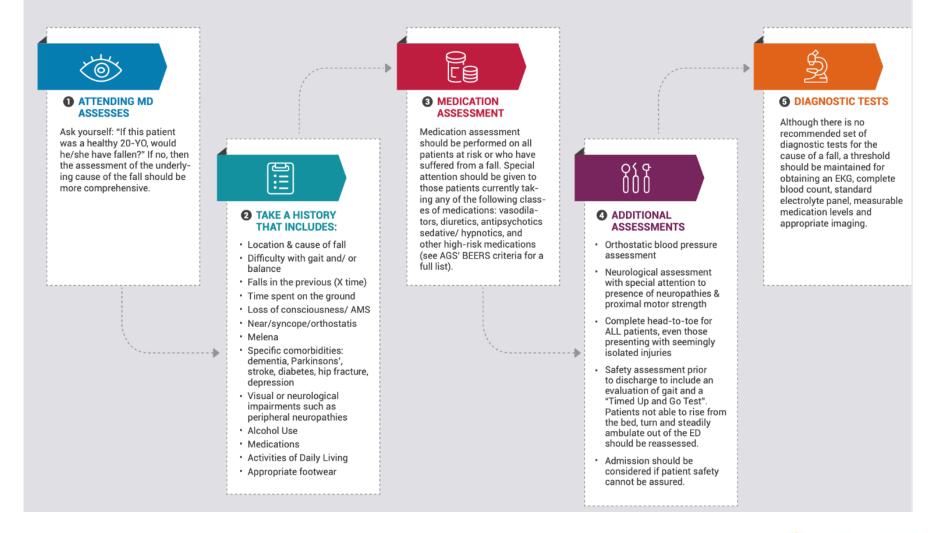
## INITIATING AT BEDSIDE

Note: Example of potential assessments





## Post-Fall Assessment in the Emergency Department





# TUG Test & Interpretation

INITIATING AT BEDSIDE





## TIMED UP & GO TEST

This is a quick and simple test to measure mobility and fall risk for older adults who can walk on their own.

Before you begin, make sure you have measured 3 meters (about 10 feet) and marked that distance with a landmark that the older adult can see. Be sure you have a stopwatch and a standard armchair.

#### INSTRUCTIONS:

- Begin with the senior sitting in an armchair with hips and back at the back of the seat and arms resting on the arm rests. Make sure the senior is wearing their usual footwear and has any normal assistive device that he/she would typically use.
- Ask the senior to stand up by saying, "When I say 'go' I want you to stand up and walk to the line [or insert appropriate landmark], turn, walk back to the chair and then sit down again. Walk at your regular pace."
- Start timing as you say the word "Go" and stop timing when the senior is seated again.

Podsiadlo, D., Richardson, S. The timed "Up & Go": A Test of Basic Functional Mobility for Frail Elderly Persons. Journal of American Geriatric Society, 1991; 39(2):142-148.

#### **Expected Gait Speed**

AGE	DESCRIPTION	RATING	SD
60-69	Overall	7.9 seconds	0.9
70-79	Overall	7.7 seconds	2.3
80-89	Without device With device Overall	11.0 seconds 19.9 seconds 13.6 seconds	2.2 6.4 5.6
90-101	Without device With device Overall	14.7 seconds 19.9 seconds 17.7 seconds	7.9 2.5 5.8

Lusardi, M.M. (2004). Functional Performance in Community Living Older Adults. Journal of Geriatric Physical Therapy, 26(3):14-22.

#### **Predictive Interpretation**

SECONDS	RATING
< 10	Normal, freely mobile
< 20	Mostly independent, can go out alone
20-29	Variable mobility, requires assistance
> 30	Mobility impaired

A score >14 seconds is associated with a higher risk of falls

Shumway-Cook, A., Brauer, S. Woollacott, M. Predicting the probability of falls in community-dwelling older adults using the timed up & go test. Physical Therapy, 2000; 80(9):896-903.

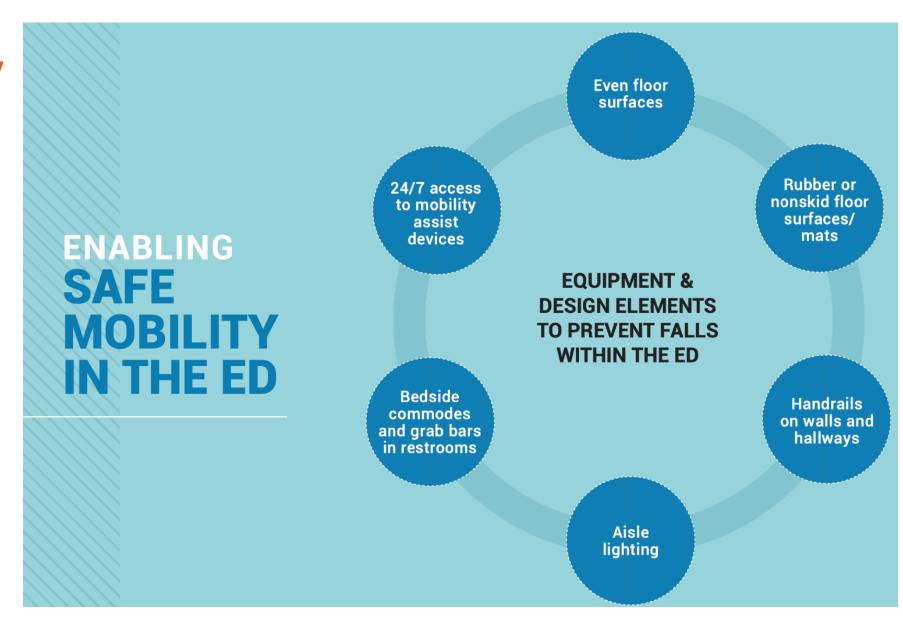


## Safe Mobility in the ED

ED-WIDE IMPLEMENTATION









## AAH Falls & Mobility Protocol

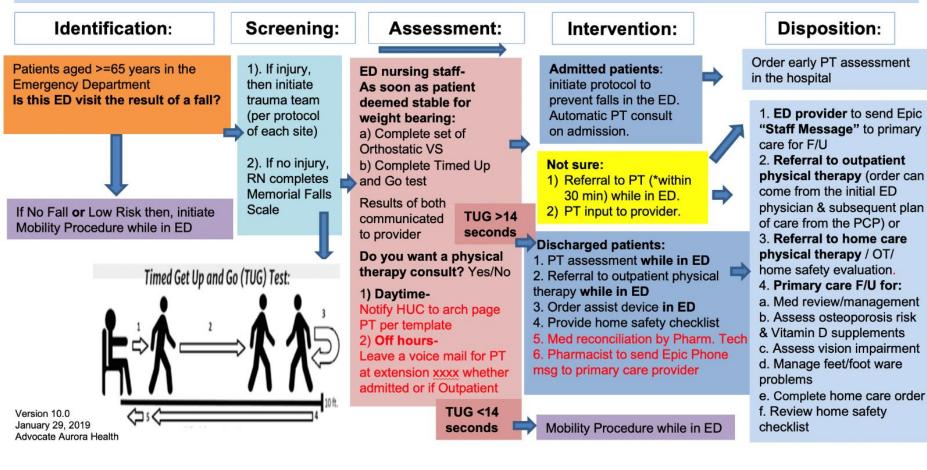
Example of tailoring the FOAM Protocol, Assessment, & Interventions





## AdvocateAuroraHealth

## Falls & Mobility Protocol to Assess and Manage Older Adults in <u>and</u> <u>beyond</u> the Emergency Department:





## **Key Points in Implementation**

- Form an interdisciplinary team of champions
- Educate staff on protocol
- Develop tools and workflow in EHR
- Collaborate with community partners
  - Health Depts., EMS, Assisted Living etc., Stepping On/Falls Prevention programs

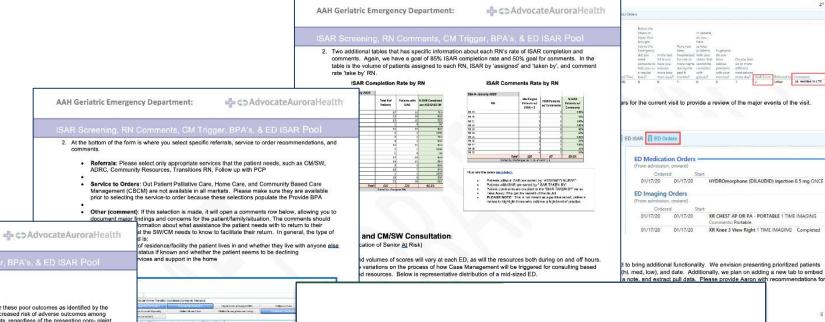
- Collaborate with stakeholder along the continuum
  - Pharmacy on medication reconciliation & management
  - Primary care follow up and continuity of care
  - Home care
  - Population Health
- Metrics & Report
- Continuous Improvement

(3 Referen & Edit Pools & Premonales & Search & Manage Cultivitiess - | 4 Attach (5 Out 146 Properties -

ED ISAR tab provides a review of all 6 questions of the ISAR and the specific answers. Additionally, the RN comments are displayed to assist the CM/SW in identifying the specific needs of the patient. The current visit's ED charges, arrival & disposition information, and discharge orders are displayed to efficiently understand the patient's context. This is particularly helpful when retrospectively reviewing cases for possible follow-up

## Education

- Workflow
- Roles & Responsibilities
- Interdisciplinary
- Multiple routes
- PDSA Feedback

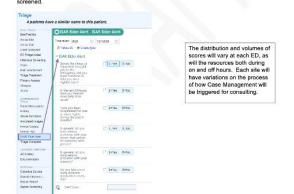


End Users Affected: RN, SW, CM Older Adults in the ED: Older patients are a uniquely vulnerable population at high risk for these poor outcomes as identified by the Geriatric Emergency Department Guidelines. Recognizing the increased risk of adverse outcomes among older adults, these quidelines recommend that "All geriatric patients, regardless of the presenting com-plaint shall be screened (on the initial index visit, not follow-up visits) using the Identification of Seniors at Risk (ISAR) tool or a similar risk screening tool... The ISAR (Identification of Seniors At Risk) tool is a simple 6 question screening tool to identify and communicate the risk older adults in the Emergency Department. Scores range from 0-6, six being the highest risk. The score of ≥ 2 ISAR is considered at risk and document of the comments concerning the specifics of the patient situation facilitates the tailoring of a care plan to the patient's needs.

#### ISAR Documentation

**AAH Geriatric Emergency Department:** 

1. Document the ISAR Elder Alert. The ISAR screening tool is found in the Triage, ED Narrator, and Discharge Navigator, The section shows for patients 65 and older, All patient 65 and older are to be



#### se for wound care at home. Pt is comfortable with cares a s Aurora at Home and therapy services set up.

staying and helping out, including frequently spending the ressive currently for rehab due to fall and hip surgery" resources but declined. Pt offered nursing home placeme esportation resources to get to medical appointments\* er for spouse and needs help with respite care resources me PT or Lifeline due to frequent falls at home\*

skilled nursing facility LTC"

ion: The correct place to document comments is at the end ent section at each of the 6 questions, those recorded there rral to section, please select your referrals and then click on text area to add your patient specific comments, which will a nd ED1058 Report

ate: 6-30-2020

**AAH Geriatric Emergency Department** 

Falls & Mobility Procedure Training

March 2020



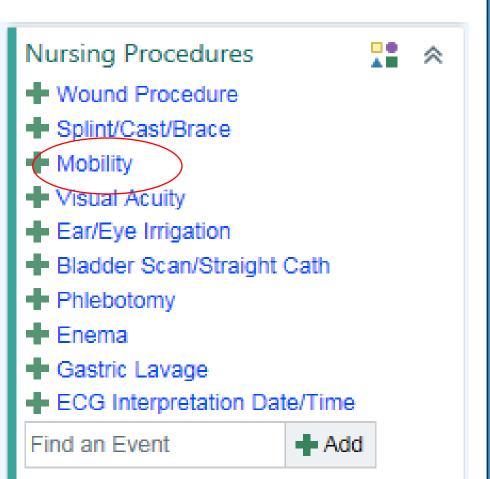
ACCREDITED

GERIATRIC



## **Mobility Documentation**

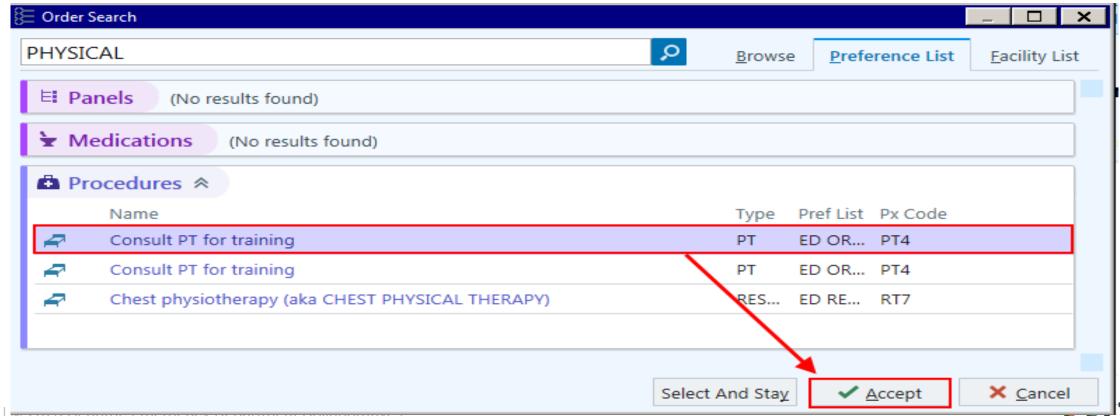
 Go to the nursing procedures toolbox



Mobility				
Time taken: 1523	1/22/2020 📋			Show: ☐Row Info ☐ Last Filed ☑ All Choices
Add Row Add Group	∇alues By			
~ Mobility				
Activity	☐ ☐ Ambulated	Bedpan given	Bed rest (MD order)	Bedside commode
	Chair (all types)	Dangled	Extremity elevation/i	Head of bed elevation
	Off unit	Pivot	☐ Pushing	Range of motion
	Resting in bed	Sleeping/Appeared t	Stood at bedside	□Turn
	Up ad lib	Other (comment)		
Weight Bearing	☐ ☐ Non-weight bearing	Touch weight	bearing Wei	ight bearing as tolerated
Statūs Partial weight bearing (specify) Other (comment)				
Mobility Assistive Device	☐ Brace	Cane Ceil	ing lift Crutches	☐ Gait belt
Device	Prosthesis	Sit to stand Slid	e board/sheet Splint	☐ Total lift
	Transfer/Friction	Trapeze Turi	n and position Walker	Wheelchair
	Other (comment)			
Level of Assistance	Independent Supervis	ion Minimal assist Mo	oderate as Maximal assist	Total assist
Activity Response	□ No abnormal symptom	s Blurred visio	n 🔲 C	Chest pain/angina
	Excessive heart rate (> 9	90% of a Excessive pa	in 🔲 🛭	Dysrhythmias
	Diaphoresis	Dizziness		excessive dyspnea or fatigue
	Systolic BP > 180 mmHg Systo		Irop > 20 mmHg fro	systolic BP drop > 20 mmHg fro
	SPO2 drop below 90%	Syncope	v	Veakness
Positioning	Lying L side	Lying R side	Log rolled	Offloading/tilt left
	Offloading/tilt right	Rotation, automated	Semi-fowlers	Supine
	Prone	Turned Q 2 hours	Knee/Chest	Patient refused

## How To Order EMERGENCY DEPARTMENT PHYSICAL THERAPY Consult?

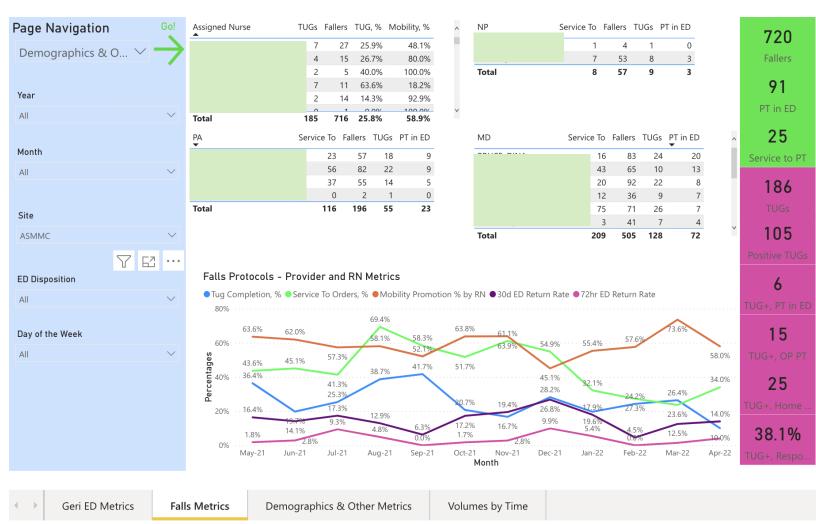
- ED Provider orders "Consult PT for training"
- (Optional site specific)RN or Tech calls and request PT assessment in the ED



## **Metrics & Reports**

Example of AAH Falls & Mobility Dashboard (SharePoint)

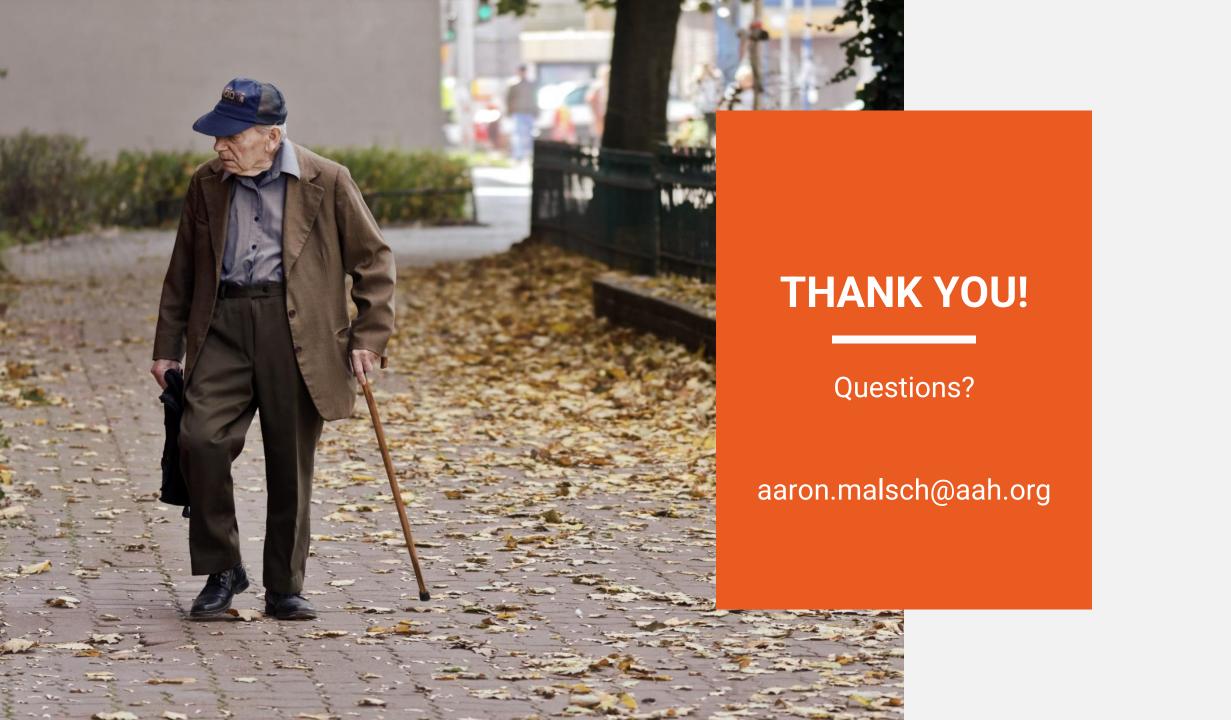
- Easy Access
- Key process & outcomes
- Slice & Dice
- Interdisciplinary
- Broad Access





## **Lessons Learned**

- Multi-component, Multi-discipline Protocols can be difficult
- Embed & Align & Augment existing processes
- Listen to front line stakeholders
- Develop robust metrics and reports for feedback
- Continuously Improve





## Geriatric EDs: Implementation Tips, & QI resources

**Kevin Biese** MD, MAT



Geriatric Emergency Department Collaborative Implementation

Geriatric Emergency Department Accreditation



#### Level 3 Accreditation

1

#### **Champion Education**

- Role of the Delirium Champion
- Screening Tools & Workflows
- Caregiver Handouts

2

#### **Mobility and Nutrition**

3

#### **Protocol**

- Existing policy vs. GED protocol
- Additional overlay with existing
- Evaluation: Clear describe who, what, frequency of metrics
- Process Measures & Patient Outcomes



## **General Tips for Success Pre-Peri-Post Application**

- Multiple Sites & 1 Goal
- Economies of Scale: Protocol development, metrics, Job descriptions, charter
- Interprofessional: Empower all disciplines, define roles & expectations
- Journey, not a destination...continuous improvement...Not going to be perfect at the start
- Align with Existing Resources:
   Shared Governance



## **Key Application Criteria: Physician & RN Champion**

#### **Job Description**

- Describe Role & Responsibilities
  - Document for each discipline
- How they support Program, ED, Site, & Staff
  - Q? meetings, review metrics, provide feedback, report to ED & Hospital
- Different than HR documents, CVs, etc
- Minimum is RN & MD Champ
  - Multiple is helpful to provide feedback on different perspectives and shifts

#### **Education**

- Must be Geriatric Specific!
- Physician: 4 CME
  - <a href="https://geri-em.com">https://geri-em.com</a>
  - https://gedcollaborative.com/clinicalcurriculum/
- Nurse: No minimum
  - ENA GENE courses 1-3
  - Beginner-Expert
  - https://enau.ena.org/Public/Catalog/Main.as px?Criteria=19

## **Key Application Criteria: Protocol**

#### **Existing Policy vs. GED Protocol**

- Build upon what is existing
  - IE: Don't wait for new EHR tool
  - IE: Its ok to use paper...for a while
- Clearly Defines WHAT is different for Older Adults
  - IE: Urinary Cath Policy as a start, but what is the new screening, assessment, interventions, metrics, staff education, etc

#### **Transition Beyond the ED**

- Process for improving transitions
  - IE: Falls protocol- Referrals to out-patient PT and/or PCP for fallen pts

#### **Evaluation**

- Clearly describe who, what, when, & frequency of reviewing the metrics
  - Bake in Metrics into process
  - Process Measures VS Patient Outcomes
- IE: RN complete ISAR on all older adults, >3 scores are referred to CM & MD for discharge. The Geri ED champs presents data monthly, team reviews & make changes to decrease rate of 72hr & 30day ED revisits.
  - RN ISAR % (Process)
  - % + pts with post ED services (Process)
  - 30day ED revisit (Patient Outcomes)

## **Key Application Criteria: Mobility & Nutrition**

#### **Access to Mobility Devices**

- Patient use in the ED (\*not DME)
- Hospital approved devices
- Describe: who uses them, where are they located, how to access them, How is staff educated
- Take a picture!



#### **Access to Nutrition**

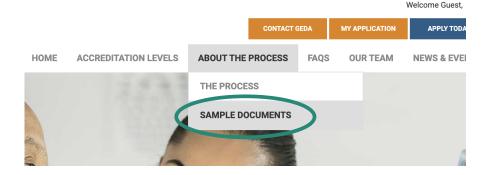
- 24/7 Access
- Range of choices, not just apple sauce
- Describe: Regular tray service AND how you provide nutrition afterhours
- Take a picture!



https://gedcollaborative.com/jgem/vol2-is1-sup3-clinical-aspects-of-providing-a-meal-of-an-older-patient-in-the-ed/



## **Sample Documents**





HOME ACCREDITATION LEVELS ABOUT THE PROCESS FAQS OUR TEAM NEWS & EVENTS

#### **Sample Documents**

To facilitate the application process, we recommend that you gather the appropriate documentation before beginning the application. Below is a checklist of some of the documents needed to complete the application. Sample documents for these items have been provided below. Documents must be uploaded in PDF format.







Welcome Guest, Log In

Staffing	<b>≛</b>	<b>≛</b>	<b>≛</b>
Education	<b>≛</b>	<b>≛</b>	<b>≛</b>
Policies / Protocols Guidelines & Procedures	<b>≛</b>	<b>≛</b>	<b>≛</b>
Quality Improvement		<b>≛</b>	<b>≛</b>
Outcome Measures		<b>≛</b>	<b>≛</b>
Equipment & Supplies		<b>≛</b>	<b>≛</b>
Physical Environment	<u>.</u>	<b>≛</b>	<b>≛</b>



## **General Tips for Success**



#### It's a JOURNEY not a destination

It's not going to be perfect at the start ...Ongoing, continuous improvement.



#### Interprofessional

Empower all disciplines at all levels



#### **Economies of Scale at Prime:**

- Multiple Sites & 1 Goal
- Organize multi-site work teams
- Leverage teams for Protocol development, Metrics, Job descriptions, Charter



#### **Align with Existing Resources**

- Shared governance
- Quality
- ACO's

## **GEDCollaborative.com**



#### Resources



Resources

Events

Research

Resource Library

Implementation Toolkits

Clinical Curriculum

Journal of Geriatric Emergency Medicine

On-Demand Webinars

**GEMCast Podcast** 

Blog



**₿** GEDC

JGEM The Journal of Geriatric

Can an Emergency Department Adequately Address an Older Adult who has Complex Needs?

Rami Tarabay, MD, Adam Perry, MD, Riwa Al Aridi, PharmD, Michael Malone, MD

he Emergency Department (ED) is a critical component of the geriatric continuum of care. Older ▲ adults comprise up to 25% of ED attendance and 38% of patients transported by emergency equipped to meet the complex care needs of many vulnerable older adults. 58 Upon discharge, the ED-to-home transition is a high-risk time for older adults. About one third of older adults will suffer an adverse result including ED revisit, eventual hospital referral, admission to a long-term care institution, or death within 3 months of the ED visit. Moreover, extended or frequent ED visits and repeated hospitalizations are costly. It



Resources

Research

Implementation Toolkits

**GEDC WEBINARS** 

**Expert Panel Webinars** 

across the nation and world

Healthcare providers & participants from

, Ireland, Australia,

Delirium in the Older Emergency Department Patient (ED-DEL)

Change Package and Toolkit





**Elder Mistreatment** 







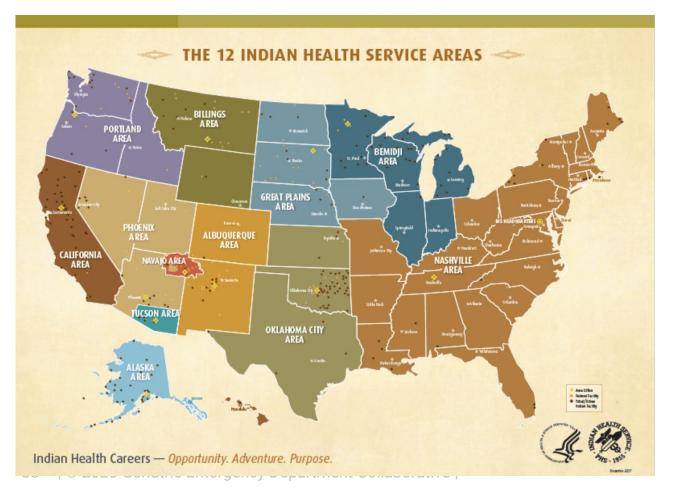


## **THANK YOU!**

**Questions?** 

## **Closing Remarks**





Blackfeet Community Hospital

North Browning, Montana

Gallup Indian
Medical Center
Gallup, New Mexico

Northern Navajo Medical Center Shiprock, New Mexico

Crow Agency/Northern
Cheyenne Hospital
Lame Deer, Montana

Cherokee Indian Hospital Cherokee, NC

Parker Indian Health Center

Parker, Arizona

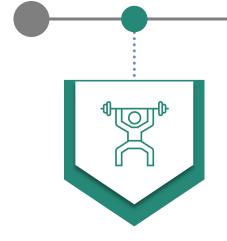
San Carlos
Apache Healthcare
Peridot, Arizona

Cheyenne River
Health Center
Eagle Butte, South Dakota



## **Your Path to Process Improvements**

**NEXT STEPS** 



BOOTCAMP YOU ARE HERE



**June 6 Webinar 3:00 – 4;00p EST** 

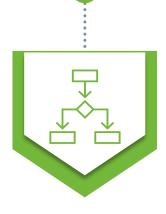
"Creating an Educated Workforce for the Geriatric ED"



**June 27 Office Hour 3:00p – 4:00p EST** 

What is your process improvement?

What are the next steps for your QI initiative?



**GEDA Application** 



GEDA Level III

December 2022





# Congratulations! You've just completed 2.5 hours of Continuing Professional Development

To receive credit, must complete the course evaluation.





gedcollaborative.com/IHS/

And click on the Course Evaluation button

Course Evaluation



Use your phone to scan this QR code:



## **GEDC Partner Sites**

gedcollaborative.com/partnership

#### Partnership

GEDC Partners work together to transform ED care of older adults; catalyze action at local and national levels to support these care transformations; and evaluate the impact of these new models of care for older people.

GEDC is comprised of Emergency
Departments dedicated to accomplishing
these goals together, and sharing best
practices in order to accelerate the evolutions
in care models needed to improve emergency
care for older adults.

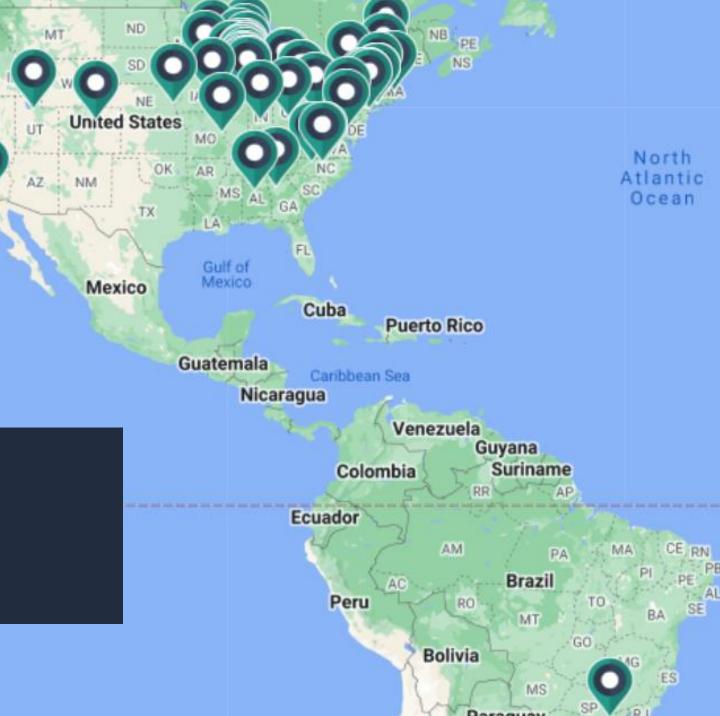






WA

- USA, Canada, Brazil
- 13 Health Systems represented
- Collaboration for improved care





#### **Partnership**

GEDC Partners work together to transform ED care of older adults; catalyze action at local and national levels to support these care transformations; and evaluate the impact of these new models of care for older people.



#### Join the GEDC

- Become a partnering member site
- Access to GEDC community forum
- Share best Geri-ED practices
- Access to education, implementation and evaluation resources

gedcollaborative.com/hospital-application/

gedcollaborative.com/hcs-partnership-application/

## Generously supported by





