

Monday, March 27, 2023 1:00 PM - 4:00 PM EST







# Welcome to: HANYS Geriatric ED Bootcamp



# **Bootcamp Facilitators**



Kevin Biese MD, MAT (Co-PI) University of North Carolina



Pamela Martin MS, RN, FNP GCNS-BC Yale University



Aaron Malsch RN, MSN, CGNS-BC Advocate Aurora Health



Laura Stabler MPH Program Director GEDC



Don Melady, MD, MSc(Ed) Emergency Physician Mount Sinai Hospital Toronto, Canada



**Tess Hogan**MD, FACEP
University of Chicago



Kira Gossack-Keenan Geriatric Emergency Medicine Fellow University of Toronto



Conor Sullivan BS Program Manager GEDC



**Heather Wojtarowicz**BS, BA
Program Specialist GEDC

## **Accreditation Statement**

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science and The Geriatric Emergency Department Collaborative (GEDC). Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



#### **Credit Statement(s)**

#### **AMA**

The Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ANCC**

The Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 2.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.





# **Learning Objectives**

#### By the end of this activity, you should be able to:

- Identify focused quality improvement projects that can be implemented over the next six months to improve care for older patients in your ED
- Identify problems and opportunities in ED regarding care of their older patients
- Describe the Level 3 components of a geriatric
   ED based on the GED Guidelines
- Demonstrate familiarity with the GEDC Geri ED implementation resources available to HANYS ED Sites











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1:00-1:20 (20 mins)	Welcome & Introductions	GEDC / HANYS
1:20-1:40 (20 mins)	Why GEDs & Accreditation Criteria	Kevin Biese
<b>1:40-2:15</b> (35 mins)	Case Studies – Breakout Rooms	Don Melady (Moderator & Presenter)  Tess Hogan, Pam Martin, Aaron Malsch, Kevin Biese, Kira Gossack-Keenan (Presenters)
2:15-2:25 (10 mins)	Break	
2:25- 3:25 (60 mins)	GED Implementation & GEDC QI Resources	ISAR Screening Aaron Malsch Delirium Pam Martin Falls & Mobility Aaron Malsch Tips & Resources Kevin Biese
3:25-3:35 (10 mins)	Closing Remarks	HANYS
3:35-4:00 (25 mins)	Questions, Next Steps & Wrap Up	GEDC

# **Tips for Participation**

#### **GET THE MOST OUT OF YOUR BOOTCAMP**

#### Open your zoom chat! (bottom toolbar)

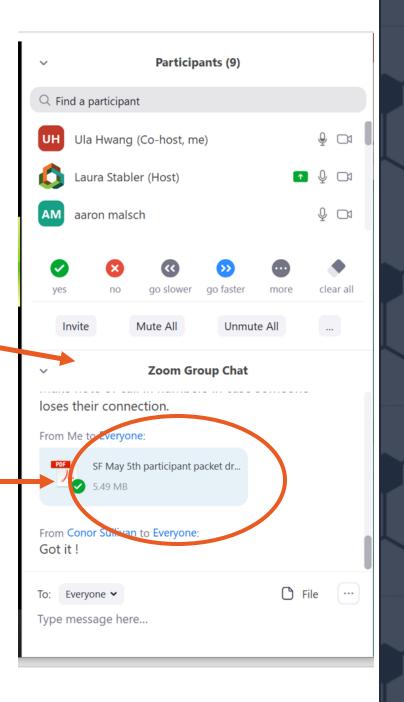
We encourage dialogue in the **Zoom Group Chat**Please write your comments, experiences at your hospital, feedback, questions.

Smile! Turn on your cameras! 3

#### Technical difficulties:

Please text Conor Sullivan: 910-200-1312

or Heather Wojtarowicz: 501-504-4406



# What if I have Questions!?



Use the Zoom Chat feature! The chat will be monitored and we will try to answer questions there.





Consolidate your questions and email CONTACT INFO



Stay tuned for follow up sessions focused on the implementation of the toolkits we are briefly introducing today





# gedcollaborative.com

#### **Mission & Vision**

A world where all emergency departments provide the highest quality of care for older patients.

We transform and evaluate interdisciplinary best practice in geriatric emergency medicine, and then build and distribute practical, evidence-based clinical curriculum and quality improvement tools that support sustainable, quality care for older adults.

# Membership

GEDC Members work together to transform ED care of older adults; catalyze action at local and national levels to support these care transformations; and evaluate the impact of these new models of care for older people.

- Make your plan to become a GED
- Access to GEDC Community
- Participate in consulting services
- Access to education tools
- Implementation tools and training
- Evaluation resources



Join the GEDC

# **HANYS Geriatric ED Accreditation**



Dora Fisher, MPH, CPHQ
Director, Post-Acute and Continuing Care





## Welcome

#### **New York City** New York

- ❖Montefiore Medical Center Moses Campus (Bronx, NY)
- ❖Montefiore Medical Center Wakefield Campus (Bronx, NY)
- ❖Montefiore Medical Center Weiler Campus (Bronx, NY)
- ❖Montefiore Medical Center Westchester Square (Bronx, NY)
- ❖Mount Sinai Beth Israel (New York, NY)
- ❖Mount Sinai Brooklyn (Brooklyn, NY)
- Mount Sinai Morning Side (New York, NY)
- ❖Mount Sinai Queens (Queens, NY)
- ❖Mount Sinai The Mount Sinai Hospital (New York, NY)
- ❖Mount Sinai West (New York, NY)
- ❖NYC Health + Hospitals Queens (Queens, NY)
- ❖NYU Langone Brooklyn Hospital
- ❖NYU Langone Cobble Hill
- ❖NYU Langone Tisch Hospital (New York, NY)
- ❖Wyckoff Heights Medical Center (Brooklyn, NY)

#### **Central** New York

- ❖Bassett Health System A.O. Fox Hospital
- ❖Bassett Health System A.O. Fox Hospital (Tri Town Campus)
- ❖Bassett Health System Cobleskill Regional Hospital
- ❖Bassett Health System Little Falls Hospital
- ❖Bassett Health System O'Connor Hospital



#### **North Country New York**

- ❖UVM Health Central Vermont Medical Center (Berlin, VT)
- ❖UVM Health Champlain Valley Physicians Hospital (Plattsburgh, NY)
- ❖UVM Health Elizabethtown Community Hospital (Elizabethtown, NY)
- ❖UVM Health Main Campus (Burlington, VT)
- ❖UVM Health Porter Medical Center (Middlebury, VT)

#### **Hudson Valley** New York

- ❖Columbia Memorial Hospital (Hudson, NY)
- Montefiore Mount Vernon (Mount Vernon, NY)
- ❖Montefiore New Rochelle (New Rochelle, NY)
- ❖Montefiore Nyack (Nyack, NY)
- Montefiore St. Luke's Cornwall (Newburgh, NY)
- Montefiore White Plains Hospital (White Plains, NY)



#### **Long Island** New York

- Catholic Health Mercy Hospital (Long Island) (Rockville Centre, NY)
- ❖Catholic Health St. Catherine of Siena Hospital (Smithtown, NY)
- ❖Catholic Health St. Charles Hospital (Port Jefferson, NY)
- ❖Mount Sinai South Nassau (Oceanside, NY)
- ❖NYU Langone Long Island Hospital

#### **Western** New York

- Catholic Health/Mercy Hospital (Buffalo, NY)
- Erie County Medical Center (Buffalo, NY)







# **Pursuing Level 3**



Bronze - Level 3

- ❖Montefiore Medical Center Moses Campus (Bronx, NY)
- ❖Montefiore Medical Center Wakefield Campus (Bronx, NY)
- ❖Montefiore Medical Center Weiler Campus (Bronx, NY)
- ❖Montefiore Medical Center Westchester Square (Bronx, NY)
- ❖NYC Health + Hospitals Queens (Queens, NY)
- ❖NYU Langone Cobble Hill (Brooklyn, NY)
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- ❖Bassett Health System Cobleskill Regional Hospital
- ❖Bassett Health System Little Falls Hospital
- ❖Bassett Health System O'Connor Hospital







# **Pursuing Level 2**



Silver - Level 2

- ❖Mount Sinai Beth Israel (New York, NY)
- ❖Mount Sinai Brooklyn (Brooklyn, NY)
- ❖ Mount Sinai Morning Side (New York, NY)
- ❖Mount Sinai Queens (Queens, NY)
- ❖Mount Sinai West (New York, NY)
- ❖ Montefiore White Plains Hospital (White Plains, NY)
- ❖NYU Langone Brooklyn (Brooklyn, NY)
- ❖NYU Langone Tisch (New York, NY)
- ❖NYU Langone Long Island (Mineola, NY)

- Catholic Health Mercy Hospital (Long Island) (Rockville Centre, NY)
- ❖Catholic Health St. Catherine of Siena Hospital (Smithtown, NY)
- Catholic Health St. Charles Hospital (Port Jefferson, NY)
- ❖ Mount Sinai South Nassau (Oceanside, NY





# **Pursuing Level 1**

Gold - Level 1

❖ Mount Sinai – The Mount Sinai Hospital (New York, NY)







# **Geriatric EDs:**The Why?

# **Kevin Biese** MD, MAT



Geriatric Emergency Department Collaborative Implementation PI

Chair, Geriatric Emergency Department Accreditation





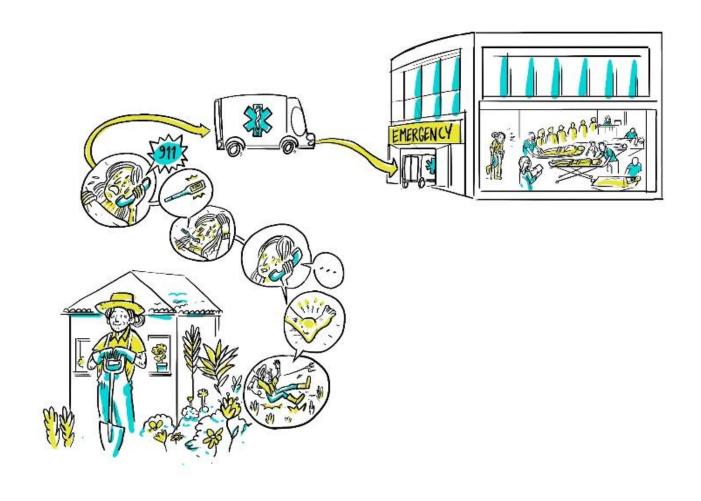




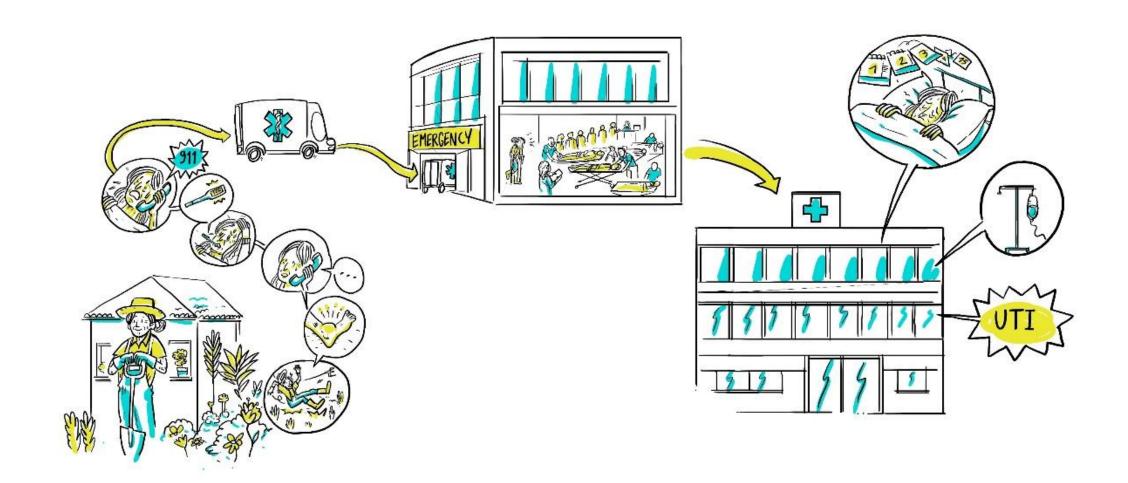




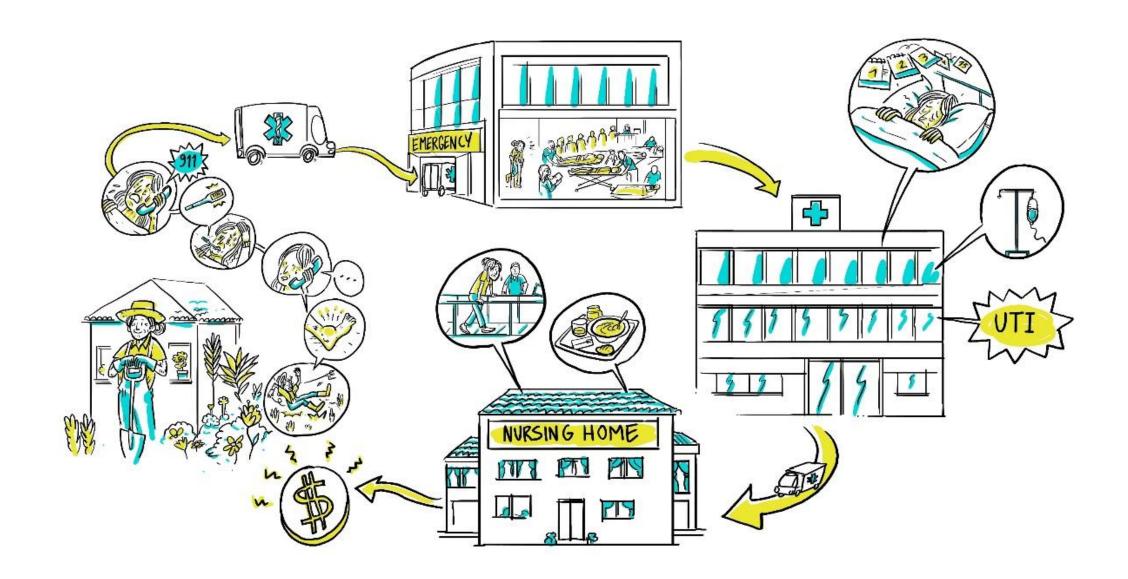
















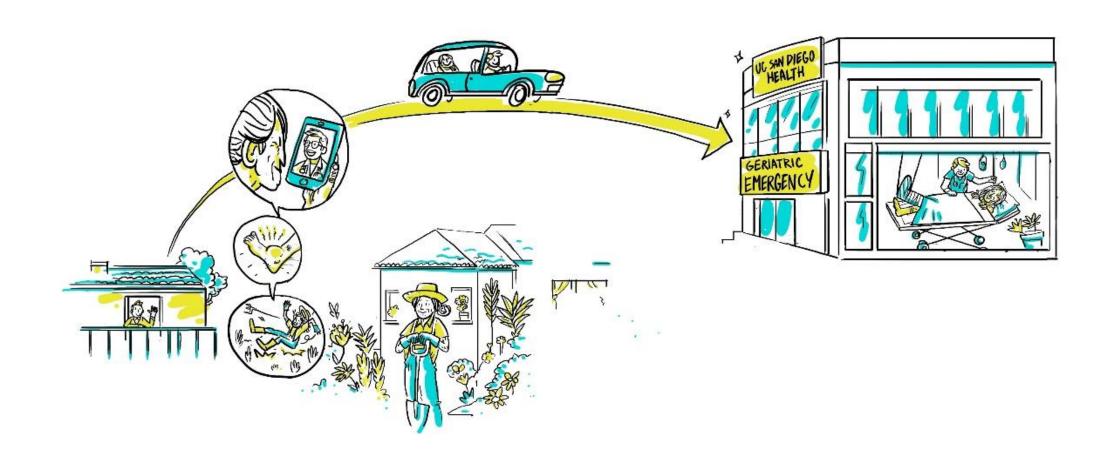




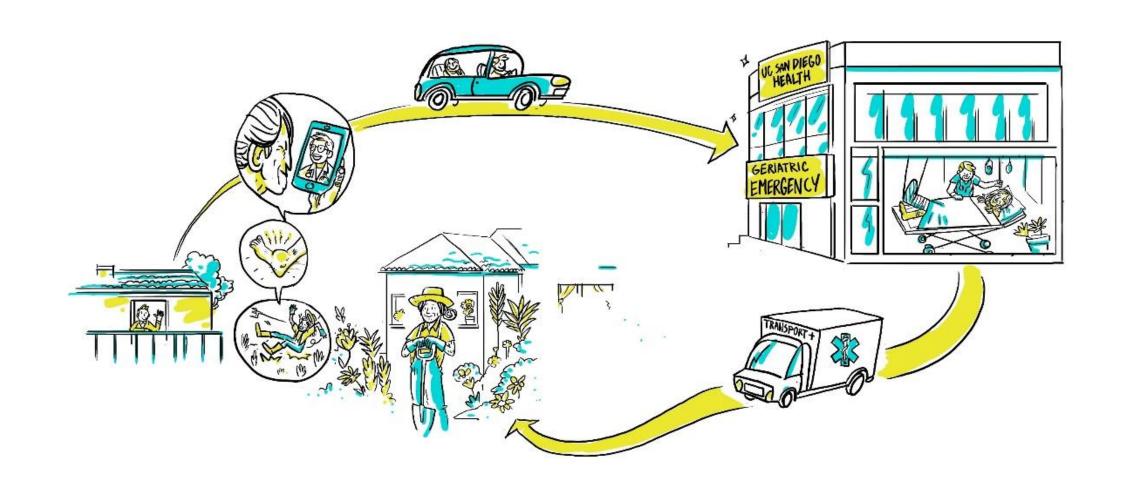




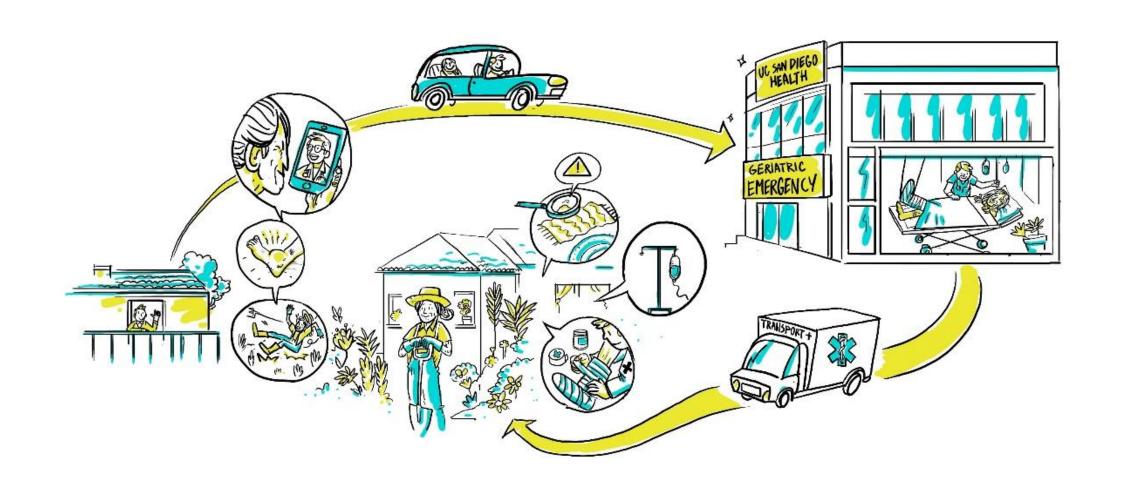




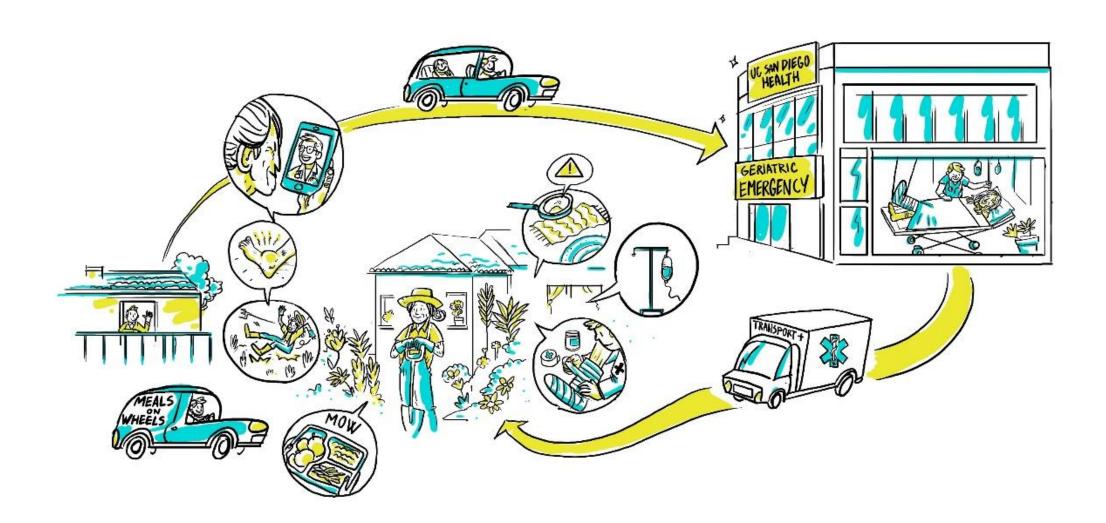








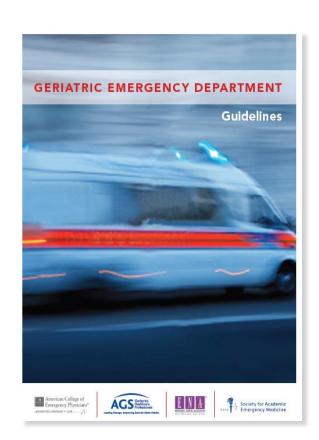




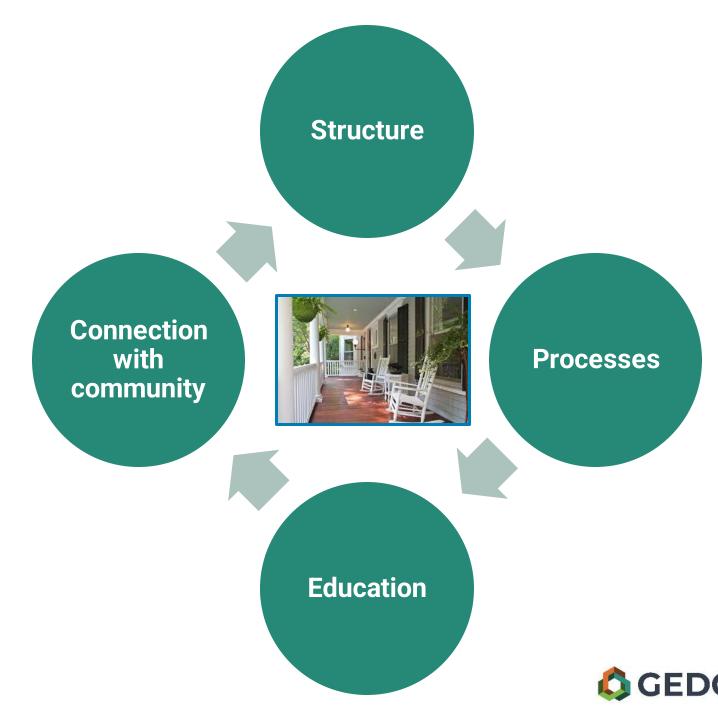


### **Geriatric ED Guidelines**

Four Critical Components of a Geriatric-Appropriate ED



**Geriatric ED Guidelines 2014** 



# Critical Role of ED in Cost and Care Trajectory

- 60% of older adults admitted to hospital come through the ED
- The ED itself is not the huge cost center of US Health Care, however ...
- ED makes decisions with tremendous cost implications (admit vs. discharge)
  - Average admission >\$22,000
- ED makes decisions with tremendous care implications
- Can the ED identify and intervene upon underlying social needs and integrate medical care to improve the care and cost trajectory?

RESEARCH REPORT

The Evolving Role of Emergency Departments in the United States

Kristy Gonzalez Morganti • Sebastian Bauhoff • Janice C. Blanchard

Mahshid Abir • Neema Iyer • Alexandria C. Smith • Joseph V. Vesely

Edward N. Okeke • Arthur L. Kellermann



### A new library of literature supports **Geriatric EDs** as a solution

#### **Health Affairs**

REALTH AFFAIRS BLOG DUFFUSION OF INNOVATION

The Journey Of Geriatric Emergency Medicine: Acceleration, Diffusion, And Collaboration As Keys To Continued Growth

Kelly Rú. Adriane Lesser, Kerm Blese, Ula Heang, Christopher Carpenter



and more of us live longer and healthier lives, f the largest demographic shifts in US history.

BOLICY STATEMENT

Geriatric Emergency Department Guidelines

The current disease-oriented, episodic model of emergency care does not adequately address the complex needs of older adults presenting to emergency departments (EDs). Dedicated ED facilities with a specific organization (e.g., geriatric EDs (GEDs)) have been advocated, One of the few Elderly people are an ever-increasing population in over-crowded emergency departments (EDs). Their com-plex medical and social needs require more time and resources than those of younger adults. <sup>12</sup> Older adults are experiences in the world is described and its outcomes

Department in Italy

and the septements in the world is described and its outcomes compared with those of a conventional ED (CED). In a eccondary analysis of a prospective observational cohort of 600 acutely ill elderly patients presenting to two urban EDs in Ancona, Italy, identifiers and triage, clinical, and social resources than those of younger adults. "Odder adults are frequently admitted." and when discharged from the ED face adverse health outcomes such as ED return, hospitalization, functional decline, and death,...<sup>24,27</sup> It is widely agreed that the current disease-oriented, episodic model of emergency care does not adequately address the complex needs of older patients." The aim of EDs is to provide acute intervention and timely health care to all were collected and the following outcomes considered: rly (30-day) and late (6-month) FD revisit, frequent FD ity (30-day) and late (6-month) ED revist, frequent ED rum, hospital admission, and functional decline. Death, actional decline, any ED revisit and any hospital admission were also considered as a composite outcome. Odds ios and 95% confidence intervals (CIs) were calculated, external, GED patients were older and frailer than CED tients. The two EDs did not differ in terms of early, late,

IODELS OF GERIATRIC CARE, QUALITY IMPROVEMENT AND PROGRAM DISSEMINATION

A Geriatric Emergency Service for Acutely Ill Elderly Patients: Pattern of Use and Comparison with a Conventional Emergency

Fabio Salvi, MD, \* Valeria Morichi, MD, \* Annalisa Grilli, MD, \* Raffaella Giorgi, MD, Liana Spazzafumo, MD, † Stefano Polonara, MD, † Gliuseppe De Tommaso, MD, Alessandro Rappelli, MD, \* and Paolo Dessf-Fulgheri, MD \*

> patients with emergent or urgent problems. When a med-ically complex older person with reduced mobility, impaired memory, or poor social support presents to the ED, the system experiences crisis, slows down, and becomes in-

QUALITY IMPROVEMENT, AND PROGRAM DISSEMINATION

Association Between Physical Therapy in the Emergency Department and Emergency Department Revisits for Older Adult Fallers: A Nationally Representative Analysis

Adreson Lovier, MS, Julio Joses, MS, Toley Konz, and Kolly J. Ko., Phills

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Academic Emergency Medicine

Christopher R, Carpenter, MD, MSr<sup>-1</sup>, Maniph Brunnie, RN, Affrey M, Carpero, MD, MPH, Audrey Chun, MD, Lowell W, Gernon, PhD, Jason Greenspan, MD, Ula Heneg, MC, David P, ann, MD, Hillam L, Lyon, MC, Tinody F, Frist-Mills, MD, MSC Belly Motters, RN, ELLun Ragaback, MD, MMP, Mark Research, DD, MMS, Scott T, Wilker, MD, MRPH for the ACEP Genteric Enregency Medicine Section, American Generation Society, Enregency Fusion Association, and SAMM Academy of Carbitic Enregency Medicine Section, American Generation Society, Enregency States of Association, and SAMM Academy of Carbitic Enregency Medicine Section, American Generation Society, Enregency States of Association, and SAMM Academy of Carbitic Enregency Medicine Section, American Generation Society, Enregency States of Association, and SAMM Academy of Carbitic Enregency Medicine Section, American Generation Society, Enregency States of Carbitic Enregency Medicine

Optimal Older Adult Emergency Care: Introducing Multidisciplinary Geriatric Emergency Department Guidelines

From the American College of Emergency Physicians, American

Geriatrics Society, Emergency Nurses Association, and Society for

SEE RELATED ARTICLE, P. e5.

Geriatric Emergency Department Innovations: Transitional Care Nurses and Hospital Use

CONCLUSION: Years

Kin words: stempensy de

described as the description

Ule Huang, MD, MFH, \*\* Scott M.Dreakin, MD, MS,\* Mark S, Rosenberg, Malaus M, Garrido, FhD,\*\*© George Lou, MPA, MPH, DrFn,\* Jeroney Soc, Granewor, MBA,\* D, Mark Courtney, MD,\* Raymend Kang, MA,\*\* Carolyn Vargan Torres, MA, \* Cireta R. Gredism, MD, MSHS," and Lyone D. Richa

Best TCN on

The Geriatric Emergency Department

Ula Hwang, MD, MPH,\*† and R. Sean Morrison, MD†

With the aging of the population and the demographic shift of older adults in the healthcare system, the emergency de-partment (ED) with be increasingly challenged with com-paration (ED) with be increasingly challenged with com-care needs of older adults unfortunately may not be aligned with the priorities from her ED physical design and care is rendered. Explot trage and diagnosis may be impossible in the older pattern with multiple comordabiles, polyphare the older pattern with multiple comordabiles, polyphare presents with multiple comordabiles, polyphare presents with multiple comordabiles, polyphare presents with multiple dispuss of polyphare of con-presents with multiple comordabiles, polyphare ventions, varicural and process of care medifications ad-ditional companies of the companies of the companies of the ventions, varicural and process of care medifications ad-ditional companies of the companies of the companies of the multiple companies of the decident of the cold polyphare of the companies of the companies of the decident of the cold polyphare of the companies of the companies of the decident of the cold polyphare of the companies of the companies of the decident of the cold polyphare of the companies of the cold polyphare of the cold polyphare

ressing the special care needs of older patients, may help to ddress these challenges. J Am Geriatr Soc 55:1873–1876,

Snowball Sample Identification and

Emergency Departments in 2013

Characterization of United States Geriatric

Teresita M. Hogan, MD, Tolulope Oyeyemi Olade, and Christopher R. Carpenter, MD, MSc

For most of the 20th century, the growth of the population aged 65 and older has far outpaced other age turns, As a result of the first part of the first pa

ciaries will be aged 85 and older.<sup>1</sup>
As the U.S. population continues to age, the healthcare system will need to face and embrace the challenges of caring for older adults. Care for elderly people is increasingly being sought in emergency departments (EDs), where older patients typically present with complex medical conditions, and longer for more extensive diagnostic testing and treat; eimens, and require special needs during their visit. The use of Geriatric Emergency Department Interventions

From the "Department of Emergency Medicine, "Brookdale Department of Geristrics and Adult Development, and <sup>1</sup>Lillian and Benjamin Herszlorg Pallazire Care Institute, Mount Sinai School of Medicine, New York, New York,

DOI: 10.1111/j.1532-5415.2007.01400.x

may help to address these challenges and thereby improve the quality of care of elderly people in the ED.

OLDER ADULTS AND THE ED

OLDER ADULTS AND THE ED
Although the aging propulation will all feet all areas of health
care, the ED is lakely to be disproportionately affected. In
visit to an ED, as compared to 39% of those of all ages, and
ED use increased with increasing age. Once in the ED,
debt patients are nor fieldy to have an energent or argue
to a compared to 39% of those of all ages, and
ED use increased with increasing age. Once in the ED,
debt patients are nor fieldy to have an energent or argue
time in the ED, and have higher charges for their ED services than yrounger patients.

The ED is a unique environment where highly specialized care is delivered to the acutely ill and injured and safety net care is provided to disenfranchised and vulnerable popula ions. Although studies have begun to demonstrate dispar diseases or conditions<sup>6</sup> and have not looked specifically at how ED care and environmental factors may be associated with patient outcomes. Nonetheless, there are indications that the current model of ED care may not be meeting the needs of older adults. After an ED visit, older adults are at greater risk for medical complications, functional decline, and poster health related quality of life than they were before, <sup>23</sup> Up to 27% of older adults deshraped home from the ED experience revisit, hospitalization, or death within 3 tieness discharged from a time rich PB revealed that most believed that ED staff were not attentive to their questions or needs. <sup>100</sup> with patient outcomes. Nonetheless, there are indication

The special care needs of older adults unfortunatery are not aligned with the priorities of how ED physical space is designed and how ED care is rendered. Space is planned with the intent of quick patient evaluation and turnover; the physical layout of a traditional ED is focused on maximal use of resources. Privacy is forsaken at the expense of im proving throughput so that curtains rather than walls serve as barriers between beds in an open-spaced ED, allowing for greater staff maneuverability and placement of multiple patients in shared bays during periods of crowding. Giver

Clinics in Geriatric Medicine



CARE FOR THE OLDER ADULT IN THE EMERGENCY DEPARTMENT

> MICHAEL L. MALONE KEVIN BIESE

ELSEVIER

August 2018

August 2018

RELATED ARTICLE, P. el.

now turn 65 every day. Innovations in healt

entatives from the American College of ncy Physicians. The American Geriatrics Society. ncy Nurses Association, and the Society for Academic

gency Nurses Association January 2014; and by the Society cademic Emergency Medicine October 2013

NTRODUCTION

According to the 2010 Census, more than 40 million Americans were over the age of 65, which was "more people than in any previous census." In addition, "between 2000 and 2010, the population 65 years and over increased at a faster rate than the total U.S. population." The census data also demonstrated the total U.S. population. The census data also demonstrated that the population 83 and doler is growing at a rate almost three times the general population. The subsequent increased need for health care for this burgooning gratier population represents an unprecedented and overwhelming challenge to the American health care system as whole and to emergency deputaments (EDs) specifically. <sup>1,4</sup> Geriatric EDs began appearing in the United States in 2008 and have become increasingly common

United States in 2008 and lave become increasingly common. The ED is uniquely positioned to play a role in improving care to the gritarite population. As an ever-increasing access point for medical care, the ED six as a constroads between inpatient and outpatient care (Figure 1). Specifically, the ED represents 57% of hoppinal admissions in the United States, of which almost 70% receive a non-surgical diagnosis. The expertise which an ED staff can bring to an encounter with a geriatric patient can meaningfully impact not only a patient's condition, but can also impact the decision to utilize relatively expensive inpatient modalities, or less expensive outpatient

Furthermore, as the initial site of care for both inpatient and outputient events, the care provided in the ED has the

Volume 63, NO. 5 : May 2014

represent 43% of admissions, including 48% admitted to the intensive care unit (ICU), <sup>15,16</sup> On average, the geriatric patient has an ED length of stay that is 20% longer and they use 50% more lab/imaging services than younger populations. 

5.18 In addition, geriatric ED patients are 400% more likely to require social services. Despite the focus on geriatric acute care in the ED manifest by disproportionate use of resources, these patients frequently leave the ED dissatisfied and optimal outcomes are

contemporary emergency medicine management model may not be adequate for geriatric adults. A number of challenges face be adequate for geratire, adults. "A number of challenges tace emergency medicine to effectively and reliably improve post-ED geriatric adult outcomes." Multiple studies demonstrate emergency physicians' perceptions about inadequate geriatric emergency care model training. "3"3" Many common geriatric ED problems remain under-researched leaving uncertainty in optimal management strategies. 24:26 In addition, quality indicators for minimal standard geriatric ED care continue to evolve. 27 Older adults with multiple medical co-morbidities, often multiple

have improved care both in individual EDs and system-wide resulting in better, more cost effective care and ultimately better

GERIATRIC ED-PURPOSE

Purpose
The purpose of these Geriatric Emergency Department measures. When implemented collectively, a geriatric ED car expect to see improvements in patient care, customer service, a staff satisfaction. 7.11 Improved attention to the needs of this ouguistes creus, the care productd in the ID has the opportunity to "the target for undergoart care product. After accurate flagorate and improve the reports are measured. After accurate flagorate and improve the reports are measured to the control flagorate and improve the reports are measured. After a control flagorate and improve the reports are measured to the control flagorate and improve the report and the resultant interacted length of say and operate the control flagorate and improve the report interaction and the resultant interacted length of say and operate flagorate and improve the report interaction and the resultant interacted length of say and operate interactions.

Annals of Emergency Medicine e

# Greater than 90% of Accredited GEDs launched without external funding

INITIAL OUTCOMES AT A GLANCE



### **GREATER**

Patient Satisfaction



# LOWER COSTS

Leveraging interdisciplinary team



16.5%

Reduced risk of hospital readmission



# LOWER RISK

Of 30-day fallrelated ED revisits



# What can a Geriatric Emergency Department do for my hospital?



#### **DECREASE READMISSIONS**

Recent update from SE US site:

13 Estimated Readmissions Prevented over first 3 months



#### **DECREASE ED REVISITS IN HIGH-RISK POPS.**

Midwest GED site: 9% decrease in ED revisits

JAGS article: PT in the ED associated with reduced 30- and 60-day revisits (p<0.001).



#### **INCREASE MARKET SHARE**

Actual case: Urban safety net hospital seeking more Medicare patients.

Actual case: Hospital in competitive area w/ many "snowbirds" seeks differentiation



#### **BETTER CENSUS MANAGEMENT**

CFO of academic system in NE: "I am tired of seeing the airambulance fly over us because we are on diversion. This can help us put our beds to better use."



#### **INCREASE STAFF SATISFACTION**

Result seen at multiple health systems across all levels of accreditation

# Level 3

### **Good Geriatric ED Care**

- At least one MD and one RN with evidence of geriatric focus (champions)
- Evidence of geriatric focused care initiative
- Mobility aids
- Food & drink 24/7







#### **Level 3 Accreditation**

1

#### **Champion Education**

- Role of the Delirium Champion
- Screening Tools & Workflows
- Caregiver Handouts

2

#### **Mobility and Nutrition**

3

#### **Protocol**

- Existing policy vs. GED protocol
- Additional overlay with existing
- Evaluation: Clear describe who, what, frequency of metrics
- Process Measures & Patient Outcomes



# **General Tips for Success Pre-Peri-Post Application**

- Multiple Sites & 1 Goal
- Economies of Scale: Protocol development, metrics, Job descriptions, charter
- Interprofessional: Empower all disciplines, define roles & expectations
- Journey, not a destination...continuous improvement...Not going to be perfect at the start
- Align with Existing Resources:
   Shared Governance



# **Key Application Criteria: Physician & RN Champion**

#### **Job Description**

- Describe Role & Responsibilities
  - Document for each discipline
- How they support Program, ED, Site, & Staff
  - Q? meetings, review metrics, provide feedback, report to ED & Hospital
- Different than HR documents, CVs, etc
- Minimum is RN & MD Champ
  - Multiple is helpful to provide feedback on different perspectives and shifts

#### **Education**

- Must be Geriatric Specific!
- Physician: 4 CME
  - <a href="https://geri-em.com">https://geri-em.com</a>
  - https://gedcollaborative.com/clinicalcurriculum/
- Nurse: No minimum
  - ENA GENE courses 1-3
  - Beginner-Expert
  - https://enau.ena.org/Public/Catalog/Main.as px?Criteria=19

# **Key Application Criteria: Protocol**

#### **Existing Policy vs. GED Protocol**

- Build upon what is existing
  - IE: Don't wait for new EHR tool
  - IE: Its ok to use paper...for a while
- Clearly Defines WHAT is different for Older Adults
  - IE: Urinary Cath Policy as a start, but what is the new screening, assessment, interventions, metrics, staff education, etc

#### **Transition Beyond the ED**

- Process for improving transitions
  - IE: Falls protocol- Referrals to out-patient
     PT and/or PCP for fallen pts

#### **Evaluation**

- Clearly describe who, what, when, & frequency of reviewing the metrics
  - Bake in Metrics into process
  - Process Measures VS Patient Outcomes
- IE: RN complete ISAR on all older adults, >3 scores are referred to CM & MD for discharge. The Geri ED champs presents data monthly, team reviews & make changes to decrease rate of 72hr & 30day ED revisits.
  - RN ISAR % (Process)
  - % + pts with post ED services (Process)
  - 30day ED revisit (Patient Outcomes)

# **Key Application Criteria: Mobility & Nutrition**

#### **Access to Mobility Devices**

- Patient use in the ED (\*not DME)
- Hospital approved devices
- Describe: who uses them, where are they located, how to access them, How is staff educated
- Take a picture!



#### **Access to Nutrition**

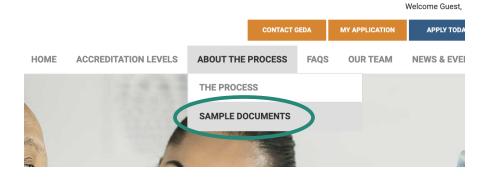
- 24/7 Access
- Range of choices, not just apple sauce
- Describe: Regular tray service AND how you provide nutrition afterhours
- Take a picture!



https://gedcollaborative.com/jgem/vol2-is1-sup3-clinical-aspects-of-providing-a-meal-of-an-older-patient-in-the-ed/



## **Sample Documents**





HOME ACCREDITATION LEVELS ABOUT THE PROCESS FAQS OUR TEAM NEWS & EVENTS

#### **Sample Documents**

To facilitate the application process, we recommend that you gather the appropriate documentation before beginning the application. Below is a checklist of some of the documents needed to complete the application. Sample documents for these items have been provided below. Documents must be uploaded in PDF format.







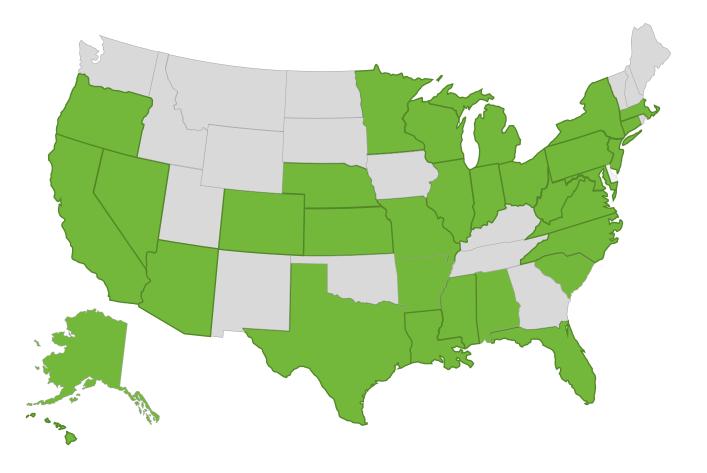
Welcome Guest, Log In

Staffing	<b>≛</b>	<b>≛</b>	<b>≛</b>
Education	<b>≛</b>	<b>≛</b>	<b>≛</b>
Policies / Protocols Guidelines & Procedures	<b>≛</b>	<b>≛</b>	<b>≛</b>
Quality Improvement		<b>≛</b>	<b>≛</b>
Outcome Measures		<b>≛</b>	<b>≛</b>
Equipment & Supplies		<b>≛</b>	<b>≛</b>
Physical Environment	<u>.</u>	<b>≛</b>	<b>≛</b>



## **412 Accredited Sites**

#### Nationally: 412 across 45 states



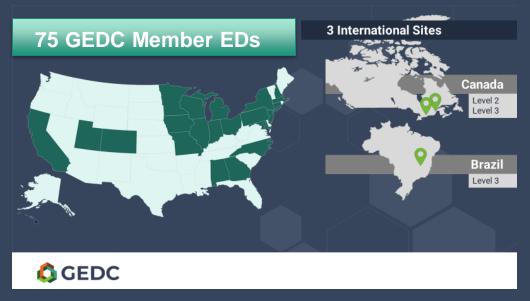
#### **5 International Sites**



**GEDC** 



# Synergy: Geriatric EDs Are Expanding Along With GEDC Membership













**16.5%** Reduced risk of readmission



LOWER RISK Of 30-day fall-related ED revisits



#### **Case Studies**



Mrs. Cado
78-year-old woman
with a broken wrist
"ready for discharge"

With your GEDC Expert **Kevin Biese** 



Mrs. Schwach 80-year-old woman, not feeling right "Mom seems a little off"

With your GEDC Expert

Aaron Malsch



Mrs. Perdito
79-year-old
woman, unclear
reasons for visit;
"must be a UTI"

With your GEDC Expert

Pam Martin



Mrs. Cado 78-year-old woman with a broken wrist "ready for discharge"

With your GEDC Expert **Don Melady** 



Mrs. Schwach 80-year-old woman, not feeling right "Mom seems a little off"

With your GEDC Expert
Tess Hogan



Mrs. Perdito
79-year-old
woman, unclear
reasons for visit;
"must be a UTI"

With your GEDC Expert Kira Gossack-Keenan



# **Case Studies**

- What challenges would you have when managing this patient in your ED?
- What components of Accreditation (e.g., any of the care processes) would improve care for this patient?

## Mrs. Cado

Challenges

Care processes



## Mrs. Schwach

Challenges?

Care processes?

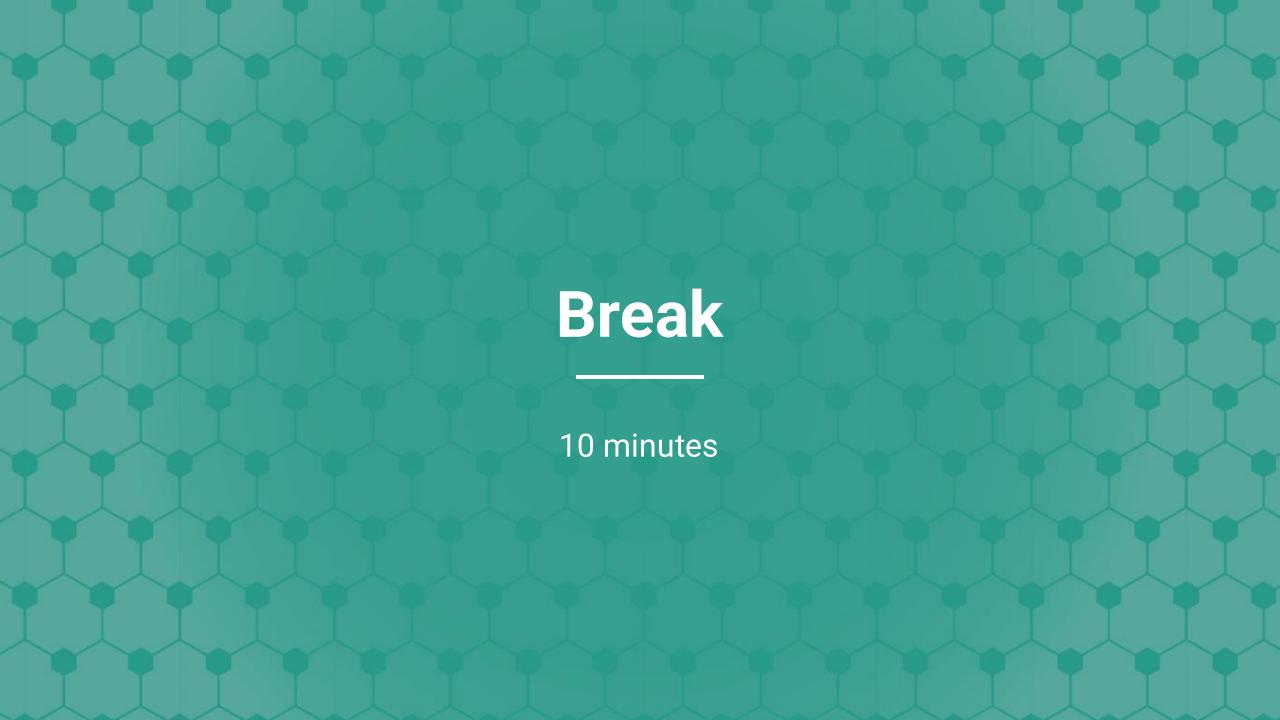


## Mrs. Perdito

Challenges?

Care processes?





# Implementing Care Processes to Prepare For All Levels of Accreditation



ISAR Screening and Falls and Mobility

Aaron Malsch



Delirium Screening w/ Follow-up
Pam Martin



Implementation Tips & QI Resources

Kevin Biese



# Geriatric Emergency Department Processes

ISAR Screening Tool:

Identification of Senior At Risk (ISAR)



# **Objectives: ISAR**

- Why does this matter?
- What tools are available?
- Where can this happen in workflow?
- Who does it?
- What to do with the info you come up with, i.e. what happens next?
- What metrics can identify success?

# Purpose of Geriatric ED

- AMERICAN COLLEGE
  OF EMERGENCY PHYSICIANS
  ACCREDITED
  GERIATRIC
  EMERGENCY DEPARTMENT
- Identify unique challenges encountered by older adults in the ED setting
  - Screening, Assessment, Intervention in ED

- RN performing ISAR & Communicates risk to MD and RN CM
- Coordinate post-ED care transitions and follow up care for vulnerable older adults
  - Promote Post-ED Service-to Orders

MD orders post-ED services & RN CM executes orders

- Promote best outcomes for patients including avoiding unnecessary admissions and reduce revisits
  - Reduce ED revisit & Hospital Admissions



Patients are more successful in their homes & Cost Reduction to AAH

# Screening: Why does this matter?

- Emergency nurses are uniquely positioned to assess for risk and special needs of the older adult patient
- Screening tools are the start to formulating individualized treatment plans and developing patient centered disposition planning
- There are numerous screening tools:
  - Identification of Seniors At Risk
  - InterRALED
  - PRISMA-7

# Screening: Why does this matter? A Tale of Two Ankle Fractures\*

Mr. Jones



• Mr. Smith



## Mr. Jones



# Mr. Smith



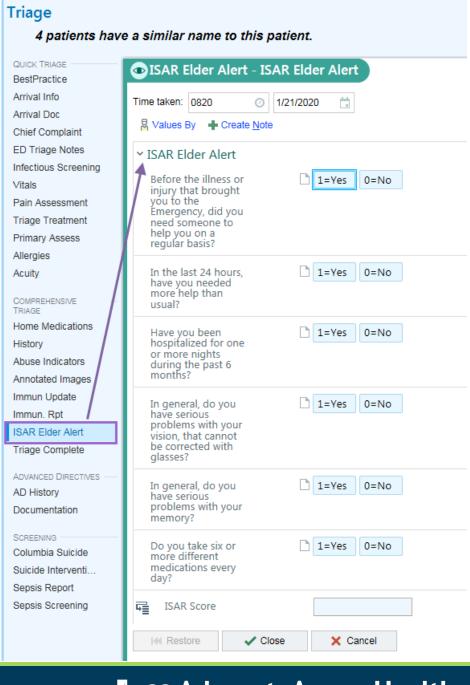
# ISAR: Why does this matter?

- Identification of Seniors At Risk (ISAR), most well studied risk tool
  - 6 Question Tool
- Designed & Validated for patients 65 years and older in the ED
- Predicts admission, LTC disposition, even death.
- ≥2 score is at Risk (Sensitivity from 72% to 94%)
- Easy to ask, easy to answer, and administered in less than 2 minutes.

# ISAR: Where can this Happen and Who Does it?

#### Utility in the ED:

- RNs in Triage or the Assigned RN
- <u>></u>65 years olds
- >2 or more could trigger a consultation with a GEM nurse
  - 0-1 No Risk
  - 6 is the highest Risk



# ISAR: What is done with the Info?

- Communication & Critical Thinking is essential for an effective Geri ED
  - What are the key information or 'clues' to understanding the broader clinical and SDOH situation
  - Communication can happen differently: EHR, verbally, faceto-face, telephonically, secure chat, etc
  - Critical thinking and consolidating numerous pieces of information from interviewing, screening, and assessing provides actionable information for the team to develop plans of care.

# ISAR: What is done with the Info?

#### Example of a Delirium Case:

 "Dr. Jones, I am concerned that Mrs. Smith may have delirium. She scored an ISAR score of 2. I talked with the daughter and she wasn't confused prior to the onset of her fever 2 days ago. The Daughter states that she goes in and out of being confused. I performed the CAM assessment and she is positive because of 1) Acute onset 2) Fluctuating course and 3) she can't maintain attention."

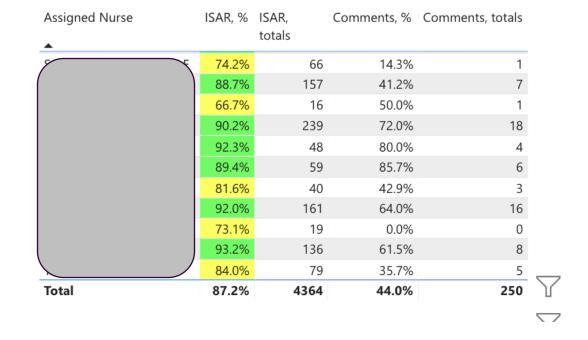
# ISAR: Communication & Critical Thinking

Examples of Effective RN Comments for CM & Program Tracking:

"Pt has visiting nurse for wound care at home. Pt is comfortable with cares at home."

"Patient is caretaker for spouse and needs help with respite care resources."

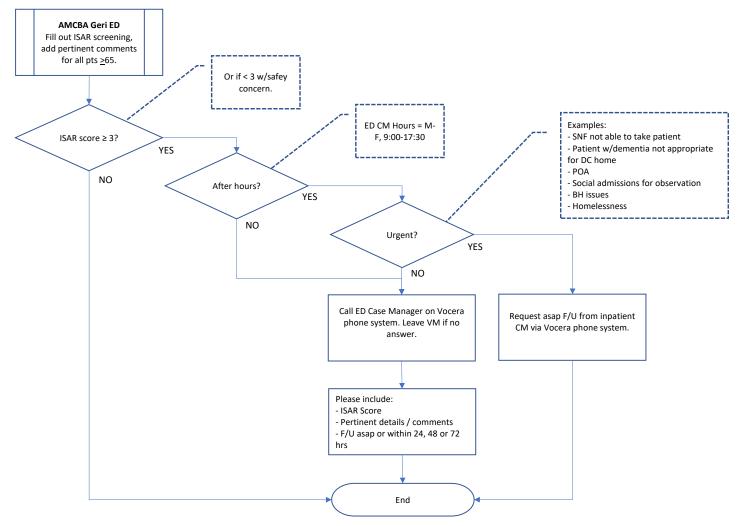
"Family has been staying and helping out, including frequently spending the night there."



# ISAR: What metrics can identify success?

- Set specific goals for ISAR Screening
  - Who, when, where
  - Train all staff
- Clearly define the rationale for doing the ISAR
  - This is not just another 'task'
- Measure key process measures AND patient outcomes
- Provide Feedback & Ask for Feedback
  - Celebrate high performers
  - Identify challenges & barriers

# ISAR: RN-CM Workflow Example



# ISAR: Metrics & Dashboard Example

#### Trend Lines - Geri ED Protocols & Metrics



## **Feedback**

# Site B Falls Outcomes

Site B fall patient outcomes 2020 Vs 2022

STO: Service-to Orders (PCP, Homecare, Palliative, PT Cx, OP PT)

High Risk Population (>65 years old, discharged, Chief Complaint of Fall

Comparison: 2020 Vs 2022 STO Rate and 30day ED revisit

The completion of the ISAR by RN, talk with MD and CM about needs, and post ED service orders keeps Patients safe at home.

Thank you, RNs, for doing

Thank you, RNs, for doing the ISAR!!!

Summary: Significant Practice Change (180% rate increase in STO) & 50% reduction in 30day return

#### 2020 Fallen Pts (Jan-Dec)

n = 186

4.3% received STO

n=8

27.4% 30 Day revisit

n=51 returns

In 2020, only 4.3% of patients received a post ED order

In 2022, 12% of patients received a post ED order 180% INCREASE!

50% Reduction in ED revisits!! 27.4% vs 13%

#### 2022 Fallen Pts (Jan-June)

n = 100

,12% received STO

n=12

13% 30 Day revisits

n=13 returns



## **Feedback**

## Site A Outcomes:

Site A patient outcomes Pre-Post New CM (April vs July 2022)

STO: Service-to Orders (PCP, Homecare, Palliative, PT Cx, OP PT)

Population: >65 years old, discharged to community

21% Reduction in ED revisits!!

Comparison: Pre-Post .6 CM FTE (Amanda), STO Rate, and 30day ED revision

Summary: Significant Practice Change in rate increase in STO & reduction in 30day return

Pre CM FTE (April 2022)

n = 243

5.8% received STO

n=14

23.9% 30 Day revisit

Prior to Amanda, only
5.8% of patients received
a post ED order

After Amanda, 18.4% of patients received a post ED order

157.00 2.8 5.8% 0.4% 50.0% 60.0% 0.0% 5.8% 1

Post CM FTE (July 2022)

n = 304

18.4% received STO

→ n=56

18.8% 30 Day revisi



The completion of the ISAR by RN and letting Amada know who needs what allows her to focus on patient needs post ED.

Thank you, RNs, for doing the ISAR!!!

# Reference:

- McCusker, J., Bellavance, F., Cardin, S., Trepanier, S., Verdon, J., & Ardman, O. (1999). Detection of older people
  at increased risk of adverse health outcomes after an emergency visit: the ISAR screening tool. Journal of the
  American Geriatrics Society, 47(10), 1229-1237.
- Carpenter CR, Griffey RT, Stark S, et al. Physician and Nurse Acceptance of Geriatric Technicians to Screen for Geriatric Syndromes in the Emergency Department. West J Emerg Med. 2011;12: 489-495.
- McCusker J, Bellavance F, Cardin S, Belzile E. Validity of an activities of daily living questionnaire among older
  patients in the emergency department. Journal of clinical epidemiology. 1999 Nov;52(11):1023-30. PubMed
  PMID: 10526995.
- Thiem U, Heppner HJ, Singler K. Instruments to identify elderly patients in the emergency department in need of geriatric care. Zeitschrift fur Gerontologie und Geriatrie. 2015 Jan;48(1):4-9. PubMed PMID: 25592177.
- Hebert R, Bravo G, Korner-Bitensky N, Voyer L. Predictive validity of a postal questionnaire for screening community-dwelling elderly individuals at risk of functional decline. Age and ageing. 1996 Mar;25(2):159-67. PubMed PMID: 8670547.
- Salvi F, Morichi V, Lorenzetti B, Rossi L, Spazzafumo L, Luzi R, et al. Risk stratification of older patients in the emergency department: comparison between the Identification of Seniors at Risk and Triage Risk Screening Tool. Rejuvenation research. 2012 Jun;15(3):288-94. PubMed PMID: 22730956

# A Standardized Delirium Screening Guideline (DTS, CAM, 4AT, other) with appropriate follow-up

Pamela Martin, MS, RN, FNP, GCNS-BS Yale University

# The WHY

#### THE PRICE OF DELIRIUM



Delirium is the 2nd most costly hospital condition<sup>1</sup>



Delirium is associated with 2 million emergency department visits per year<sup>23</sup>





Days increased length of stay with delirium in the ED<sup>3</sup>



Mortality in patients with ED delirium vs. 14% in patients without <sup>4</sup>



Risk of nursing home or post-acute placement 5



#### \$8 BILLION

Medicare yearly hospital expenditures related to delirium<sup>6</sup>

#### \$150 BILLION

Estimated yearly post-acute care costs due to delirium<sup>6</sup>

Sources: 1. Verma AA, et al. J Gen Intern Med 2018: https://www.ncbi.nim.nih.gov/pubmed/30054888. 2. National Center for Health Statistics, CDC 2013: https://www.cdc.gov/nchs/data/data/riefs/db130 htm 3. Kennedy M, et al. JAGS 2014: https://www.ncbi.nim.nih.gov/pubmed/24512171. 4. Han JH, et al. Ann Emerg Med 2010: https://www.ncbi.nim.nih.gov/pubmed/20363527. 5. Witlox J, et al. JAMA 2010: https://www.ncbi.nim.nih.gov/pubmed/20363527. 5. Witlox J, et al. JAMA 2010: https://www.ncbi.nim.nih.gov/pubmed/20864045. 6. Rubin FH, et al. JAGS 2011: https://www.ncbi.nim.nih.gov/pubmed/21314654.

# Screening Tools

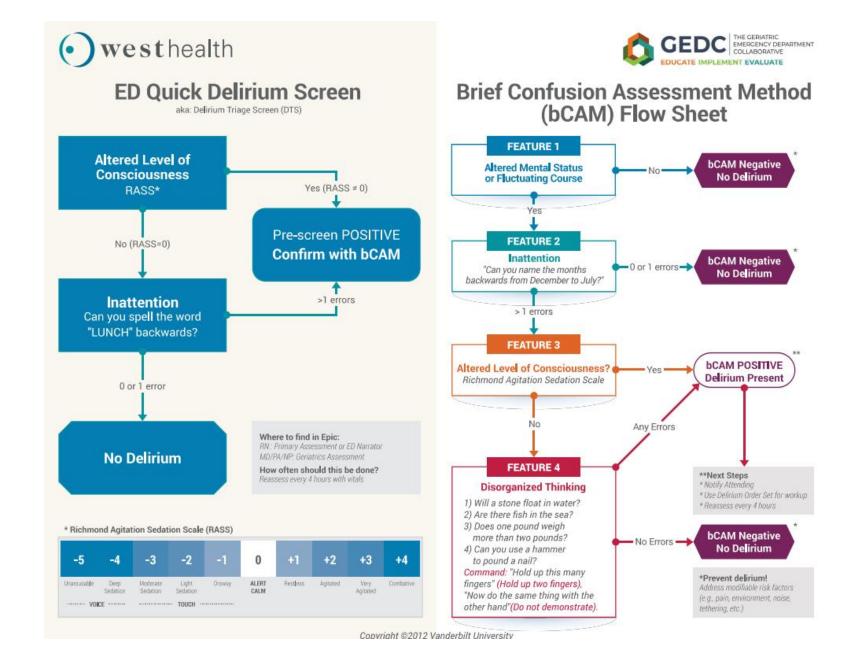


#### Section V. Assessment and Evaluation

#### Resource V-A: Delirium Instrument Summary

Delirium Instrument (Year)	Validated in ED	No. items	Time to complete	Rater Qualifications	Sensitivity (95% CI)	Specificity (95% CI)	Special Tested Populations
3D Confusion Assessment Method (3D-CAM) <sup>1</sup>	No	22	3 mins	Trained lay raters or clinicians	0.95 (0.84-0.99) compared to diagnosis by clinical psychologists and practice nurses	0.94 (0.90-0.97) compared to diagnosis by clinical psychologists and practice nurses	Patients with superimposed dementia
4AT <sup>2</sup>	Yes	4	<2 mins	Lay or clinical raters without specialized training	0.93 (0.83-0.98) compared to DSM-IV-TR diagnosis by geriatrician	0.91 (0.88-0.94) compared to DSM-IV-TR diagnosis by geriatrician	Patients with superimposed dementia
Brief Confusion Assessment Method (bCAM) <sup>3</sup>	Yes	7	<2 mins	Trained lay raters or clinicians	0.84 (0.72-0.92) compared to DSM-IV diagnosis by psychiatrist	0.96 (0.93-0.97) compared to DSM-IV diagnosis by psychiatrist	
Confusion Assessment Method (CAM) <sup>4-6</sup>	Yes	4	2-3 mins (Mini-Cog) 6-8 mins (Abbreviated MMSE)	Trained lay raters or clinicians	0.94 (0.91-0.97) compared to diagnosis from geriatric psychiatrist	0.89 (0.85-0.94) compared to diagnosis from geriatric psychiatrist	Patients with superimposed dementia
Confusion Assessment Method for the Intensive Care Unit (CAM-ICU) <sup>7</sup>	Yes	8	2-3 mins	Trained lay raters or clinicians	1.00 compared to DSM-IV-TR diagnosis	0.98 compared to DSM-IV-TR diagnosis	Mechanically ventilated patients
Delirium Triage Screen* (DTS) with bCAM <sup>3</sup>	Yes	2	<2 mins	Trained lay raters or clinicians	0.82 (0.69-0.90) rated by physician; compared to DSM- IV diagnosis by psychiatrist	0.96 (0.93-0.97) rated by physician; compared to DSM-IV diagnosis by psychiatrist	
Modified Confusion Assessment Method for the Emergency Department (mCAM- ED) <sup>8</sup>	Yes	12	3-6 mins	Trained clinicians	0.90 (0.70-0.97) compared to DSM-IV-TR diagnosis by geriatrician	0.98 (0.95-0.99) compared to DSM-IV-TR diagnosis by geriatrician	Patients with superimposed dementia
Nursing Delirium Screening Scale (Nu- DESC)9	No	5	1-2 mins	Trained lay raters or clinicians	0.86 (0.65-0.95) compared to Confusion Assessment Method	0.87 (0.73-0.94) compared to Confusion Assessment Method	
Ultrabrief Two-Item Bedside Test for Delirium with 3D-CAM (UB-2) <sup>10</sup>	No	2	<40 seconds	Trained lay raters or clinicians	0.93 (0.81-0.99) compared to DSM-IV diagnosis by geriatrician <sup>†</sup>	0.64 (0.56-0.70) compared to DSM-IV diagnosis by geriatrician	To be used followed by 3D- CAM for positive screen

#### DELIRIUM SCREENING - DTS + BCAM



#### Appropriate Follow-up

What are you doing with the information?



- Provider notification
  - Non-pharmacological measures to prevent and treat delirium
    - Redirection, reassurance, distraction
    - Address physical needs (nutrition, hydration, bathroom)
    - Normalize sleep wake cycles
    - Mobilize early, remove tethers
  - Geri Comfort Cart/ Delirium Prevention Cart/ Dementia Cart
- Admission vs Discharge
- Outpatient follow-up

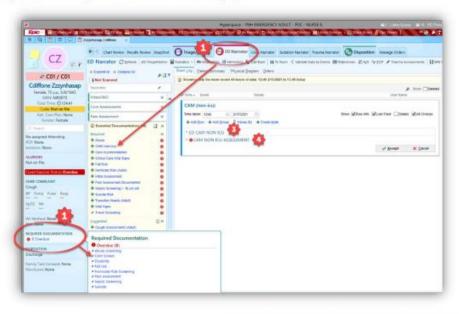
# Yale New Haven Health System Process

- Geri ED strategic team meetings
- Care signature pathways

#### CAM Documentation for Nurses

In the Patients Chart

- 1. Click Required Documentation from the Storyboard or Open the ED Narrator.
- In Required/Essential Documentation, Click CAM Screen or CAM (non-icu)
- Complete the ED Assessment Questions.
- 4. Continue to the CAM Non ICU Assessment to complete the remainder of the documentation. Please note that each question in this section contains a definition, assessment and result. These elements can be used in the screening of the patient to better define an answer of Yes or No. Please read Carefully.



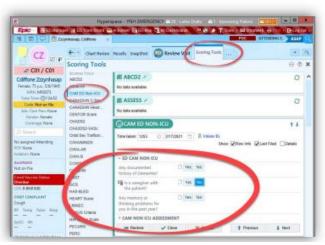
#### CAM Assessment - Providers

In the Patient Chart

- Open the Scoring Tools Activity Tab.
- 2. Open the CAM ED Non-ICU Section.
- Complete ED CAM Non-ICU and CAM Non-ICU Assessment.

#### **Documented CAM Assessments**

 Documented CAM Assessments will be located in the Summary or SnapShot Activity tab in the report ED Encounter Summary.



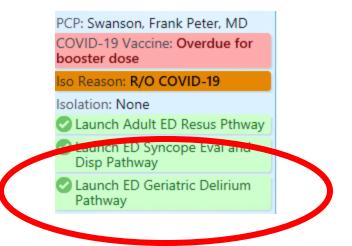
#### **Epic, Emergency Department -**

# Confusion Assessment Method (CAM)

The Confusion Assessment (CAM) tool is used to identify and recognize patients' experiencing Delirium or Dementia. CAM is a part of the **required documentation for patients over the age of 65** that present to the ED.

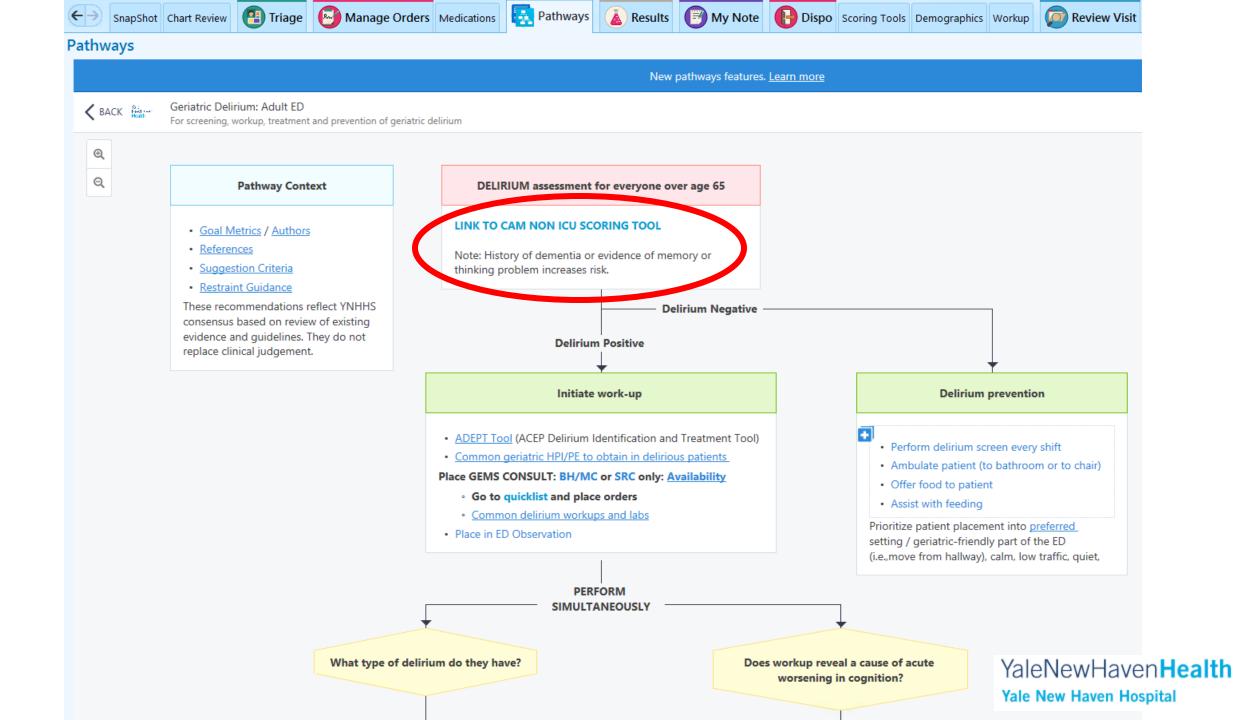
YaleNewHavenHealth
Yale New Haven Hospital

# Storyboard Reminders: Geriatric Delirium

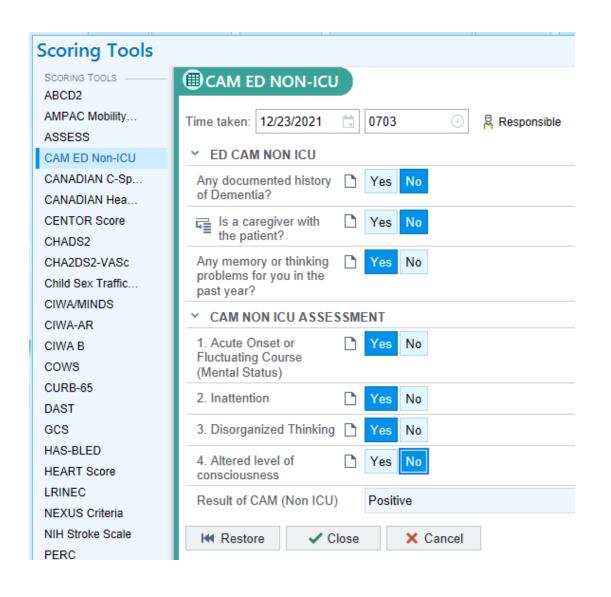




YaleNewHavenHealth
Yale New Haven Hospital



# Delirium via Confusion Assessment Method (CAM)

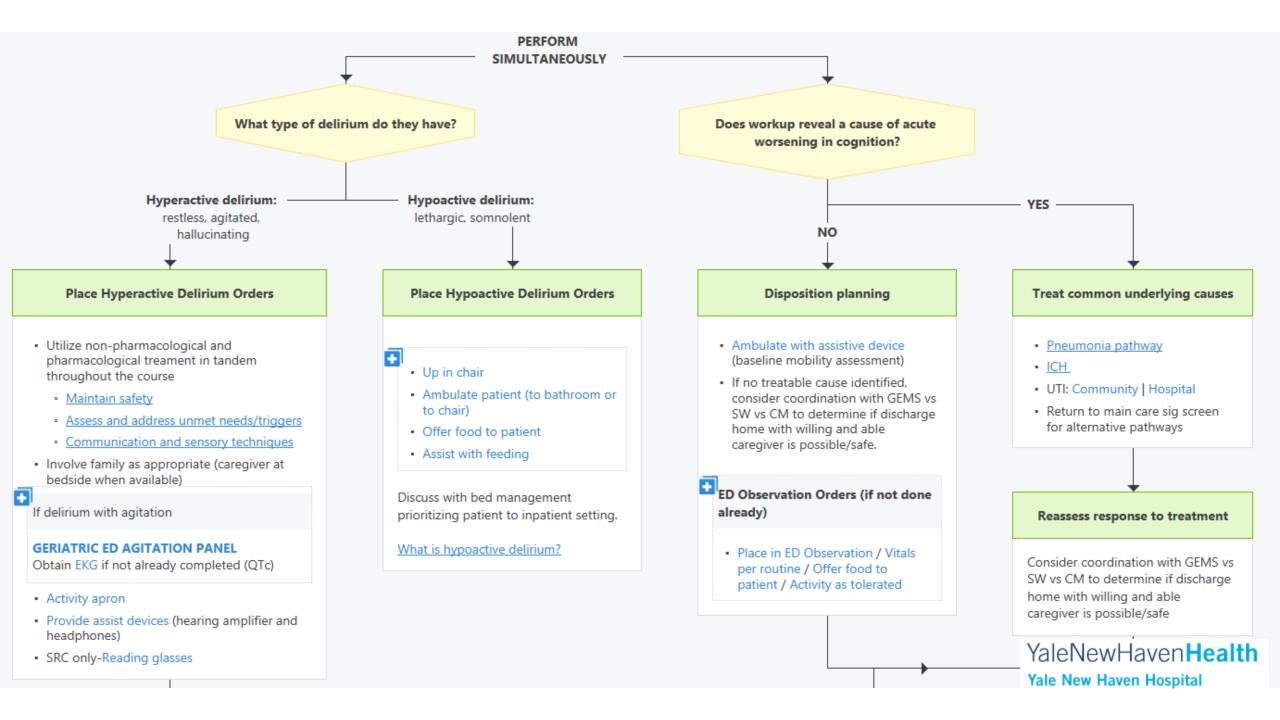


#### **Link to CAM NON ICU SCORING TOOL**

- Brings you directly to Delirium Screen
- Dementia / Memory problems is a risk factor
- All patients 65+ should be screened
- Complete every shift (like a vital sign)

#### **4 Features of Delirium:**

- 1. ACUTE Onset (new)
- 2. Inattention "spell WORLD backwards"
- 3. Disorganized Thinking "Does a rock float in water? Are there fish in the sea?"
- 4. Altered consciousness



• SRC only-Reading glasses

If behavior <u>emergent</u> and not improving after initial dose consider additional medication (at least 30min before additional dose)

- Sufficient time has passed since the first dose to know the effect (see table for dosing interval) i.e., will not cause harmful somnolence etc. This will allow for consideration of redosing the medication or administering another medication
- EKG has been obtained/considered to assess for QTc prolongation

Medication	Dosing Interval (hours)
Risperidone oral	0.5 - 2
Aripiprazole oral	2 - 3
Quetiapine oral	0.5 - 2
Olanzapine oral	0.5 - 2
Olanzapine IM/IV	0.5 - 1
Haloperidol IM/IV	1 - 4
Loazapam IM/IV	1 - 4
Ziprasidone IM	2 - 4

Response to current medication (If)	Treatment (Then)	
Some response	Repeat same medication at same or increased dose	
No response	Try another oral agent	

#### Admit

- · Medicine admission order
- · SDU admission order
- · ICU admission order
- Medicine OBSERVATION admission order

#### Discharge

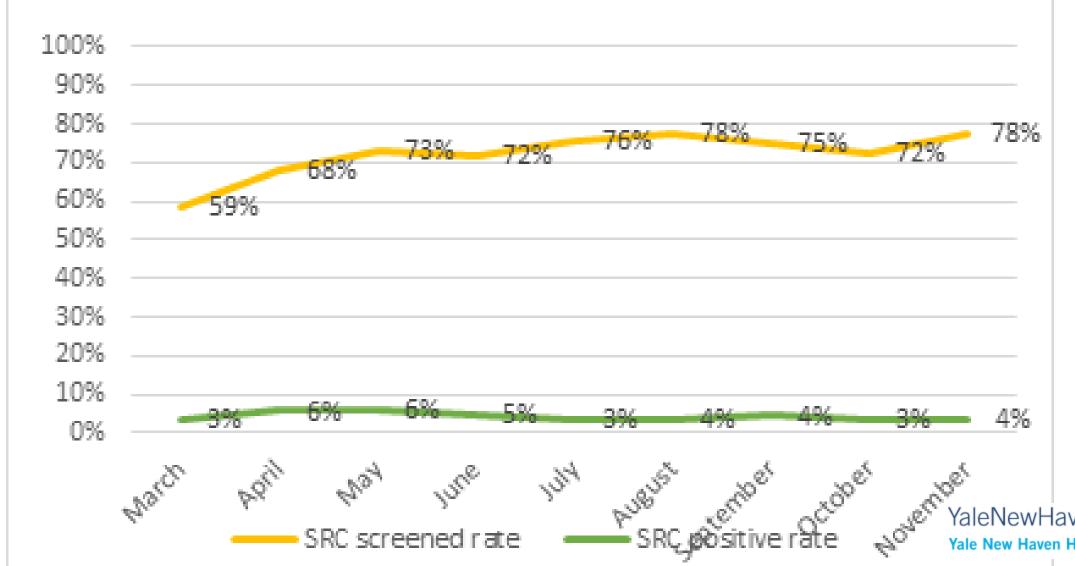
Good discharge instructions based on discharge planning conversations

If you feel they have baseline memory or thinking problems, please refer to Adler Center Referral

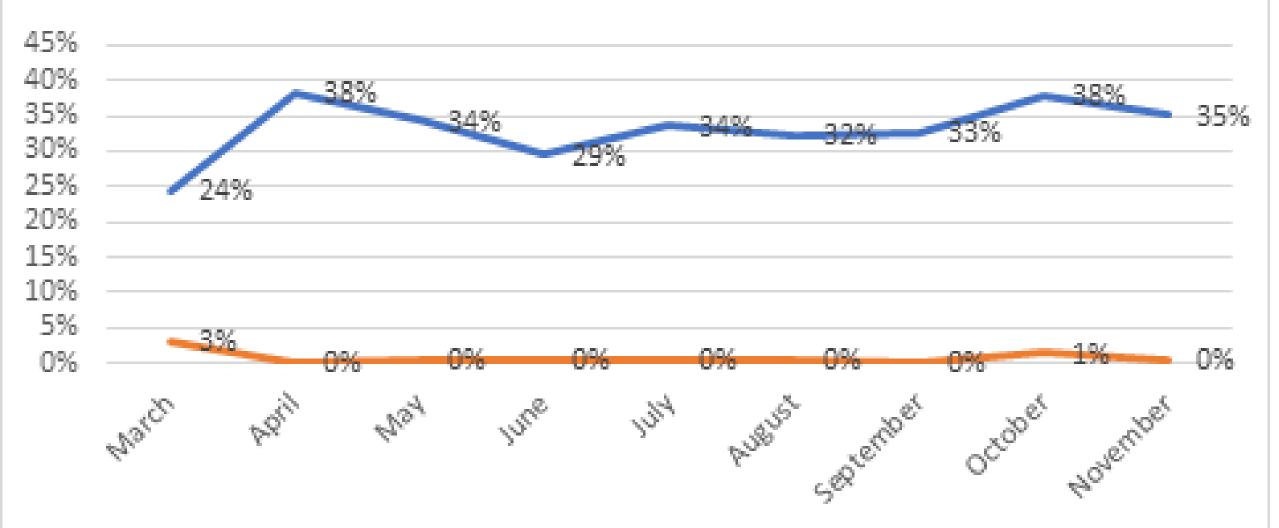
YaleNewHaven**Health** 

Yale New Haven Hospital

# SRC ED CAM non-ICU rates (patients 65+ age)



# SMC ED CAM non-ICU rates (patients 65+ age)



SMC positive rate

SMC screened rate

YaleNewHaven**Health** 

Vale New Haven Hospital

## Pam's Pearls

- Have all stakeholders at table
  - What screen will be utilized
  - Who will screen
  - Where will screening occur (triage/room)
  - Where will screen be located: paper, EMR, where in EMR
- Are there other initiatives occurring simultaneously?
- Metrics and how to obtain
- Remember principles of adult learning
  - Model ideal behaviors
  - Reward high achievers
  - Frequent review of data/metrics/comparisons/stories

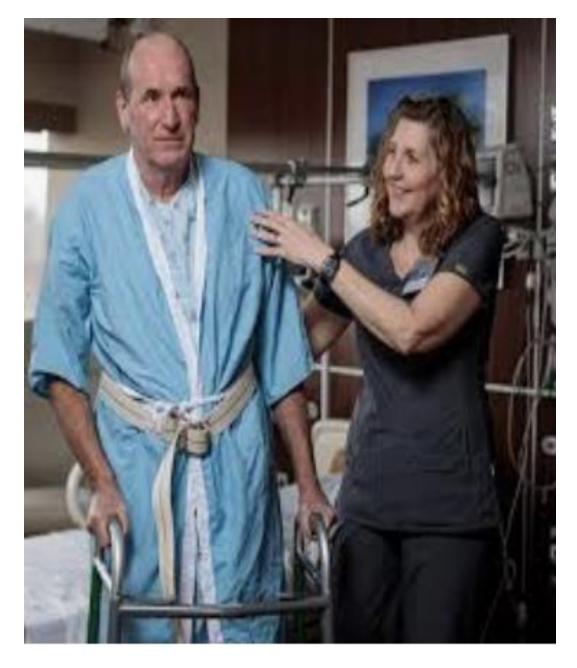
### Resources

<u>Delirium\_EDImplementationToolkit.pdf</u>

ACEP // ADEPT

(gedcollaborative.com)

Non-pharmacologic interventions improve comfort and experience among older adults in the Emergency Department – ScienceDirect



# Management of Older Adult Falls and Mobility in the Emergency Department & Lessons Learned

#### Aaron Malsch, MS, RN, GCNS-BC

Advocate Aurora Health Senior Services Department Geri ED Program Manager



Falls & Mobility Implementation Tool Kit

WEST HEALTH GEDC FALLS & MOBILITY TOOLKIT

gedcollaborative.com/toolkit/falls-and-safe-mobility/



...it counts for TWO procedures towards GEDA



Management of Older Adult Falls and Mobility in the Emergency Department



# FOAM Protocol

# INITIATING AT BEDSIDE

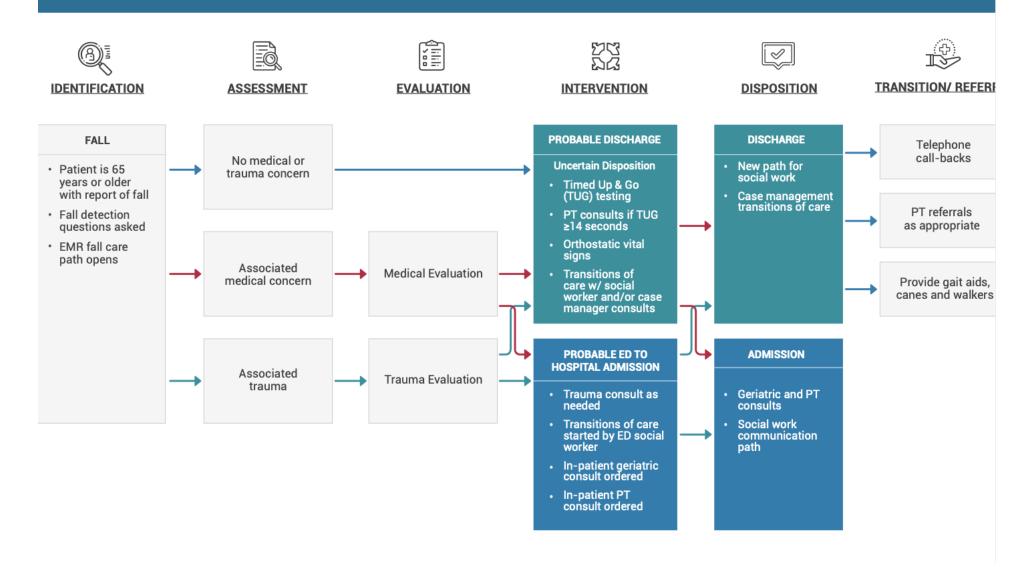
Note: Tailor to your specific needs and resources





#### **FALLEN OLDER ADULT MANAGEMENT (FOAM) PROTOCOL**

Note: This is an example - Your protocol may vary





# Post-Fall Assessment

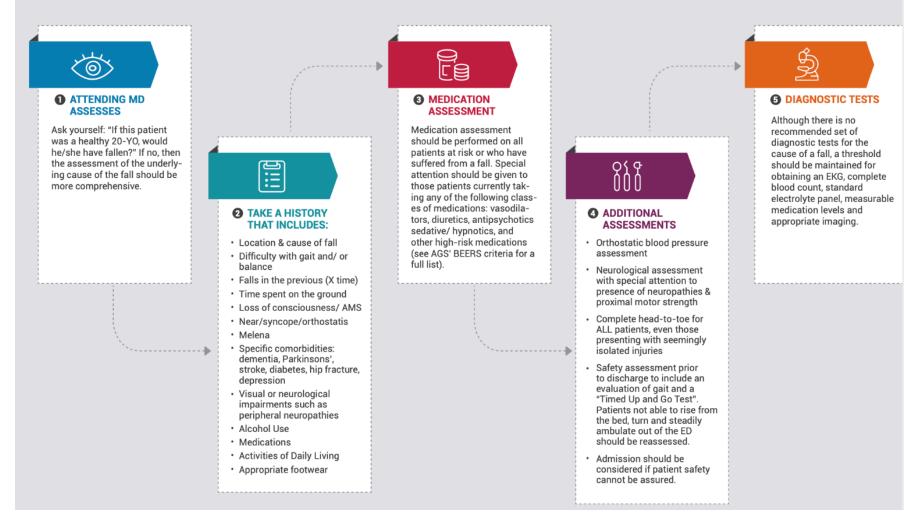
# INITIATING AT BEDSIDE

Note: Example of potential assessments





# Post-Fall Assessment in the Emergency Department





# TUG Test & Interpretation

INITIATING AT BEDSIDE





# TIMED UP & GO TEST

This is a quick and simple test to measure mobility and fall risk for older adults who can walk on their own.

Before you begin, make sure you have measured 3 meters (about 10 feet) and marked that distance with a landmark that the older adult can see. Be sure you have a stopwatch and a standard armchair.

#### **INSTRUCTIONS:**

- Begin with the senior sitting in an armchair with hips and back at the back of the seat and arms resting on the arm rests. Make sure the senior is wearing their usual footwear and has any normal assistive device that he/she would typically use.
- Ask the senior to stand up by saying, "When I say 'go' I want you to stand up and walk to the line [or insert appropriate landmark], turn, walk back to the chair and then sit down again. Walk at your regular pace."
- Start timing as you say the word "Go" and stop timing when the senior is seated again.

Podsiadlo, D., Richardson, S. The timed "Up & Go": A Test of Basic Functional Mobility for Frail Elderly Persons. Journal of American Geriatric Society, 1991; 39(2):142-148.

#### **Expected Gait Speed**

AGE	DESCRIPTION	RATING	SD
60-69	Overall	7.9 seconds	0.9
70-79	Overall	7.7 seconds	2.3
80-89	Without device With device Overall	11.0 seconds 19.9 seconds 13.6 seconds	2.2 6.4 5.6
90-101	Without device With device Overall	14.7 seconds 19.9 seconds 17.7 seconds	7.9 2.5 5.8

Lusardi, M.M. (2004). Functional Performance in Community Living Older Adults. Journal of Geriatric Physical Therapy, 26(3):14-22.

#### **Predictive Interpretation**

SECONDS	RATING
< 10	Normal, freely mobile
< 20	Mostly independent, can go out alone
20-29	Variable mobility, requires assistance
> 30	Mobility impaired

A score >14 seconds is associated with a higher risk of falls

Shumway-Cook, A., Brauer, S. Woollacott, M. Predicting the probability of falls in community-dwelling older adults using the timed up & go test. Physical Therapy, 2000; 80(9):896-903.

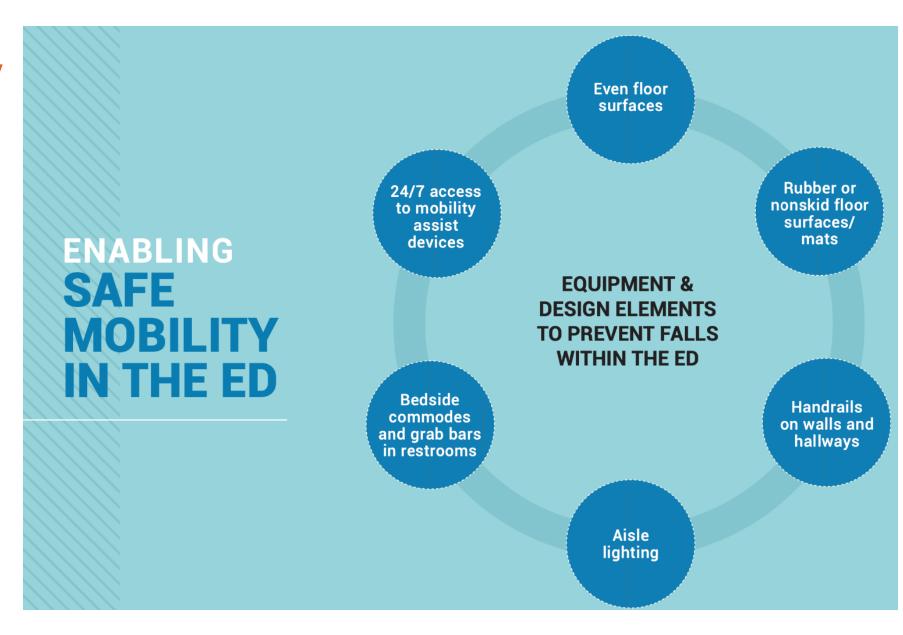


# Safe Mobility in the ED

ED-WIDE IMPLEMENTATION









# AAH Falls & Mobility Protocol

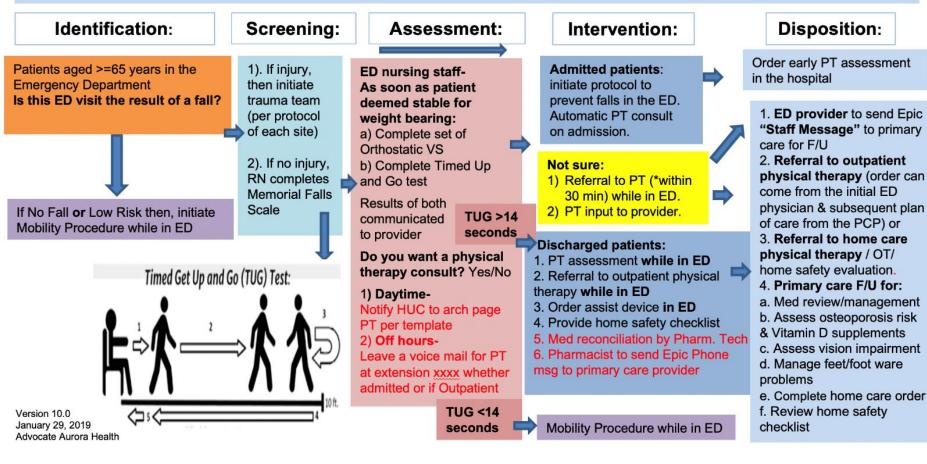
Example of tailoring the FOAM Protocol, Assessment, & Interventions





### AdvocateAuroraHealth

# Falls & Mobility Protocol to Assess and Manage Older Adults in <u>and</u> <u>beyond</u> the Emergency Department:





# **Key Points in Implementation**

- Form an interdisciplinary team of champions
- Educate staff on protocol
- Develop tools and workflow in EHR
- Collaborate with community partners
  - Health Depts., EMS, Assisted Living etc., Stepping On/Falls Prevention programs

- Collaborate with stakeholder along the continuum
  - Pharmacy on medication reconciliation & management
  - Primary care follow up and continuity of care
  - Home care
  - Population Health
- Metrics & Report
- Continuous Improvement

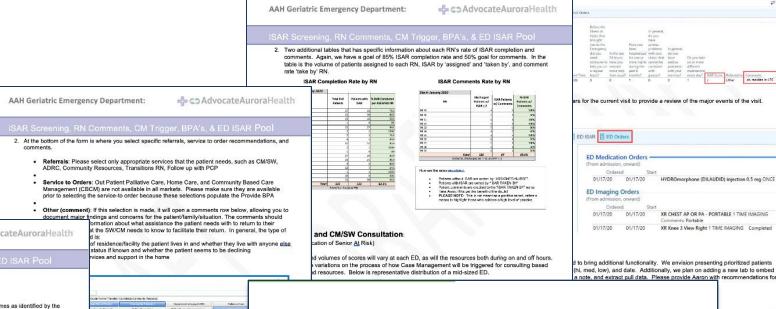
est 🕹 Edit Pacis 👂 Personalize 🔑 Search 🥒 Manage CultoActions - 🚨 Atlach 💢 Cult 🖽 Properties -

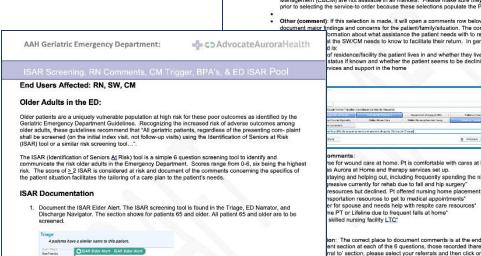
#### AR Screening, RN Comments, CM Trigger, BPA's, & ED ISAR Poo

ED ISAR tab provides a review of all 6 questions of the ISAR and the specific answers. Additionally, the RN comments are displayed to assist the CM/SW in identifying the specific needs of the patient. The current visit's ED charges, arrival 8 disposition information, and discharge orders are displayed to efficiently understand the patient's context. This is particularly helpful when retrospectively reviewing cases for possible follow-up.

## **Education**

- Workflow
- Roles & Responsibilities
- Interdisciplinary
- Multiple routes
- PDSA Feedback





The distribution and volumes of

scores will vary at each ED, as

will the resources both during on and off hours. Each site will have variations on the process of how Case Management will

be triggered for consulting.

Wester & Crash No.

Livet Gibin

1-Ves 0-hip

I leves debic

1+Ver d+No

**AAH Geriatric Emergency Department** 

Falls & Mobility Procedure Training

March 2020

text area to add your patient specific comments, which will a

nd ED1058 Report

te: 6-30-2020

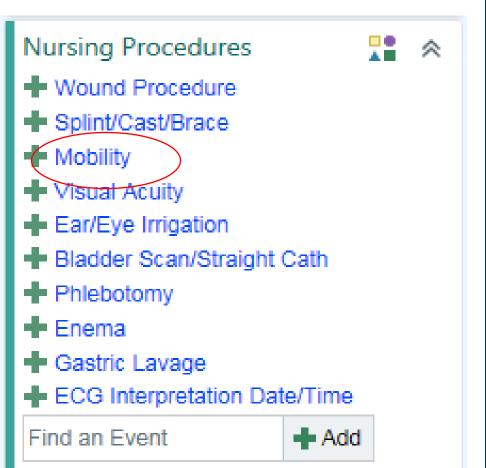


**AdvocateAurora**Health



# **Mobility Documentation**

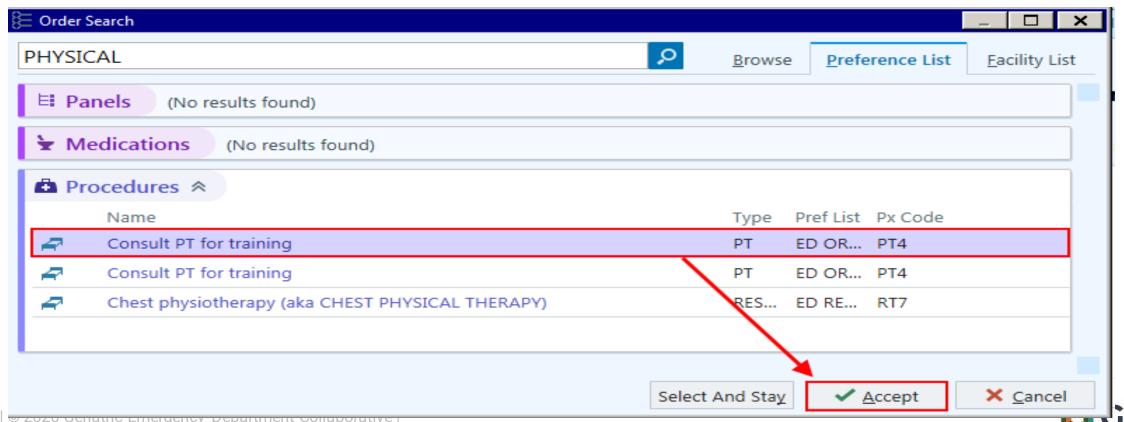
 Go to the nursing procedures toolbox



tatioi	•				
Mobility					
Time taken: 1523	① 1/22/2020 📋			Show: ☐Row Info ☐Last Filed ☑All Choices	
♣ Add Row ♣ Add Gro	up				
∼ Mobility					
Activity	☐ Ambulated	Bedpan given	Bed rest (MD order)	Bedside commode	
	Chair (all types)	Dangled	Extremity elevation/i	Head of bed elevation	
	Off unit	Pivot	Pushing	Range of motion	
	Resting in bed	Sleeping/Appeared t	Stood at bedside	Turn	
	Up ad lib	Other (comment)			
Weight Bearing	□ Non-weight bearing	Touch weigh	nt bearing We	ight bearing as tolerated	
Status	Statūs Partial weight bearing (specify) Other (comment)				
Mobility Assistive Device	☐ ☐ Brace ☐	Cane Ce	eiling lift Crutches	Gait belt	
Device	Prosthesis	Sit to stand Sli	ide board/sheet Splint	Total lift	
	Transfer/Friction	TrapezeTu	ırn and position Walker	Wheelchair	
	Other (comment)				
Level of Assistance	Independent Supervis	sion Minimal assist N	Moderate as Maximal assist	Total assist	
Activity Response	☐ No abnormal symptom	s Blurred visi	ion []	Chest pain/angina	
	Excessive heart rate (> 9	90% of a Excessive p	pain [1	Dysrhythmias	
	Diaphoresis	Dizziness		Excessive dyspnea or fatigue	
	Systolic BP > 180 mmH	g Systolic BP	drop > 20 mmHg fro	Systolic BP drop > 20 mmHg fro	
	SPO2 drop below 90%	Syncope		Weakness	
Positioning	Lying L side	Lying R side	Log rolled	Offloading/tilt left	
	Offloading/tilt right	Rotation, automated	Semi-fowlers	Supine	
	Prone	Turned Q 2 hours	Knee/Chest	Patient refused	
1					

### How To Order EMERGENCY DEPARTMENT PHYSICAL **THERAPY Consult?**

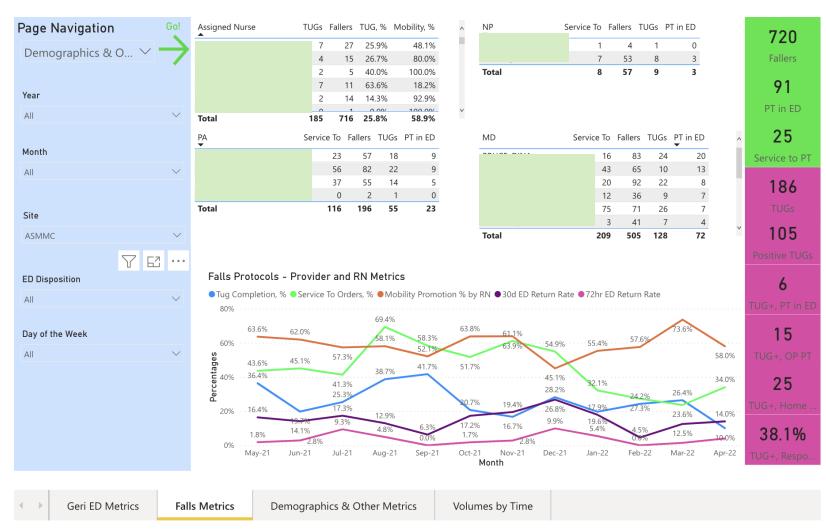
- ED Provider orders "Consult PT for training"
- (Optional site specific)RN or Tech calls and request PT assessment in the ED



# **Metrics & Reports**

Example of AAH Falls & Mobility Dashboard (SharePoint)

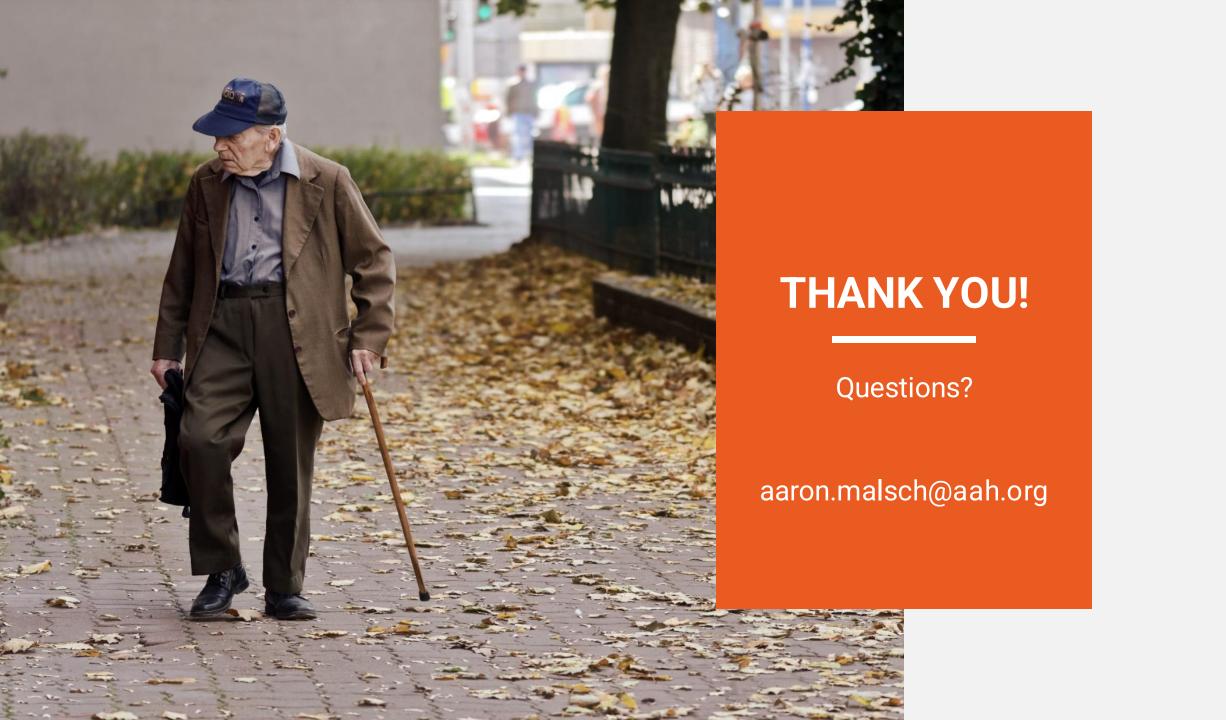
- Easy Access
- Key process & outcomes
- Slice & Dice
- Interdisciplinary
- Broad Access





### **Lessons Learned**

- Multi-component, Multi-discipline Protocols can be difficult
- Embed & Align & Augment existing processes
- Listen to front line stakeholders
- Develop robust metrics and reports for feedback
- Continuously Improve
- Celebrate accomplishments





# Geriatric EDs: Implementation Tips & QI resources

# **Kevin Biese** MD, MAT



Geriatric Emergency Department Collaborative Implementation

Geriatric Emergency Department Accreditation



# **General Tips for Success**



#### It's a JOURNEY not a destination

It's not going to be perfect at the start ...Ongoing, continuous improvement.



#### Interprofessional

Empower all disciplines at all levels



#### **Economies of Scale at Prime:**

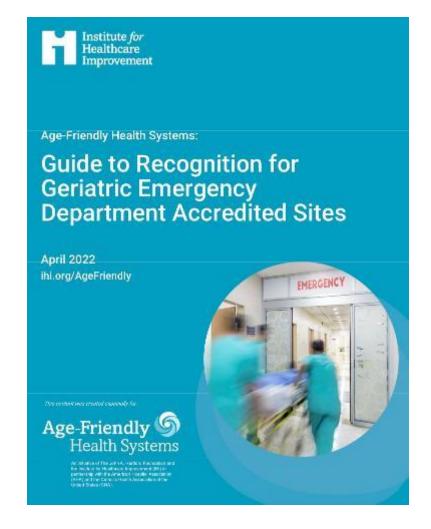
- Multiple Sites & 1 Goal
- Organize multi-site work teams
- Leverage teams for Protocol development, Metrics, Job descriptions, Charter



#### **Align with Existing Resources**

- Shared governance
- Quality
- ACO's

#### AFHS and Geri EDs



#### GEDA Elements Aligned with the 4Ms

Policies, Protocols, Guidelines, and Procedures as a Component What Mobility Medication Mentation of ACEP Geriatric ED Matters Accreditation Criteria A standardized delirium screening guideline (examples: DTS, CAM, 4AT, other) with appropriate follow-up A guideline for standardized fall assessment (including mobility assessment, e.g., TUG or other) with appropriate follow-up A guideline to minimize the use of potentially inappropriate medications (Beers' list, or other hospital-specific strategy, access to an ED-based pharmacist) Development and implementation of at least three order sets for common geriatric ED presentations developed with particular attention to geriatricappropriate medications and dosing and management plans (e.g., delirium, hip fracture, sepsis, stroke, ACS) A guideline to promote mobility



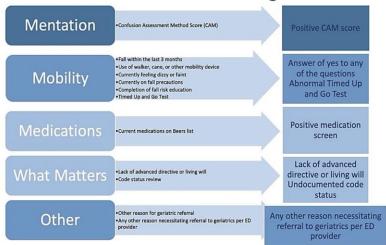




#### Using the 4M Model to Screen Geriatric Patients in the Emergency Department

Martinus Megalla, BA, Roopa Avula, MD, Christopher Manners, BA, Portia Chinnery, RN, Lindsey Perrella, RN, Douglas Finefrock, DO

#### **Geriatric 4M Screening Tool**



#### Screening Tool Components and Assessment Tools

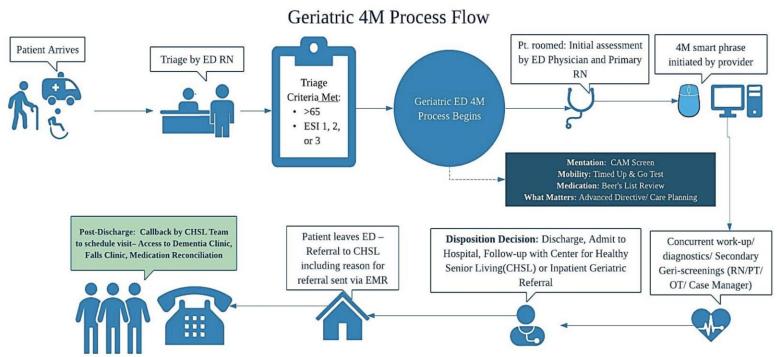




Figure 2: Geriatric Emergency Department Screening Workflow at a Level 1 Geriatric Emergency Department

Legend: ED = Emergency Department. RN = Registered Nurse. ESI = Emergency Severity Index. Pt = Patient. PT = Physical Therapy. OT = Occupational Therapy





# The Home for Geri-ED QI Implementation

Our information architecture re-design allows for growth within our resource library. Our content development team is working to bring together resources that support QI Implementation

- Online Learning\*Geri-EM\*Skills Fair Modules
- Implementation Toolkits
- On Demand Webinars
- Podcast
- Blogs
- On Demand Webinars



gedcollaborative.com



# Mentation RESOURCES



Patterns of Care Partner Communication for Persons Living with Dementia in the **Emergency Department** 

Acute Brain Failure in Older Emergency Department Patients

With Debra Eagles and Danya Khoujah

**Podcast** 





Pitfalls of Delirium Screening in Older Adults

Danya Khoujah MBBS, MEHP, Debra Eagles MD, MSc., FRCPC





Delirium in the Geriatric ED: Processes and Possibilities



# Mobility RESOURCES

Indication of Mobility Aids and Training of Older Patients in a Geriatric Emergency Department: Abiding by International Guidelines

Volume 3 | Issue 4 | Article 6 - Education & Training

Identification of Older Adult Fall Occurrence by Brief Emergency Department Triage Screen

Mobility Risks and Falls: The Gravity of Mobility Risks and Falls

The GEDC Skills Fair - Falls & Mobility Module 1

#### Falls and Safe Mobility

Educational Course developed in collaboration with the American Geriatrics Society

Hip fracture management in the ED and in the hospital

Management of Older Adult Falls and Mobility in the Emergency Department

An Implementation Toolkit



#### Falls and Medications

Critical Topics in Elder Mistreatment Module 1



## Medication RESOURCES





JGEM | The Journal of Geriatric | Emergency Medicine

### POLYPHARMACY AND HIGH-RISK MEDICATIONS IN OLDER VETERANS PRESENTING FOR EMERGENCY CARE

Paige L. Morizio PharmD BCPS, Vinita M. Mistry PharmD, Ashley E. McKnight PharmD BCPS, Marc J. Pepin PharmD BCPS BCGP, William E. Bryan PharmD BCPS, Ryan K. Owenby PharmD, Laura A. Previll MD MPH, Luna C. Ragsdale MD MPH

#### Falls and Medications

Critical Topics in Elder Mistreatment Module 1

#### **Medication Management**

Educational Course developed in collaboration with the American Geriatrics Society

# Polypharmacy and High-risk Medications in Older Veterans Presenting for Emergency Care Volume 2 | Issue 12 | Article 3 - Original Research December 12, 2021 Palge L. Morizio PharmD BCPS, Vinita M. Mistry PharmD, Ashley E. McKnight PharmD BCPS, Marc J. Pepin PharmD BCPS BCGP, William E. Bryan PharmD BCPS, Ryan K. Owenby PharmD, Laura A. Previll MD MPH, Luna C. Ragsdale MD MPH

#### Ten Practical Tips for a Best Possible Medication History

Updated: March 30, 2021

Wenya Miao, BScPhm, PharmD, ACPR and Chris Fan-Lun (BScPhm, ACPR, RCGP

#### Effect of Pharmacist Intervention on Emergency Department Geriatric Patients with Polypharmacy

Volume 3 | Issue 3 | Article 5 - Original Research

November 23, 2022

Rachael Sheehan, PharmD, Ashley Stajkowski, PharmD, Lee Hraby, PharmD, Melanie Mommaerts, PharmD, Tyler Nichols, PharmD, Marisa Nichols, PharmD, Alex Beuning, MD, Victor Warne, PharmD



# **Elder Mistreatment RESOURCES**



nunity resources that can support older adults after discharge.





ONLY 4%\*



# Using the Elder Mistreatment Brief Screen

Elder Mistreatment Toolkit Training – Module #2

#### Elder Mistreatment Emergency Department Toolkit Training Program

Four e-learning modules developed by the National Collaboratory to Address Elder Mistreatment

How to Identify and Intervene in Cases of Elder Abuse

With Dr. Tony Rosen



# Care Transitions RESOURCES

Functional Assessment and Transitions of Care for Older ED Patients

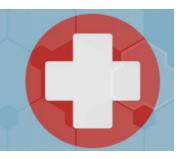
A Geri-EM.com E-learning Modul



LOGIN -

You must be logged in to complete this module

Share on 🖪 🛩 in

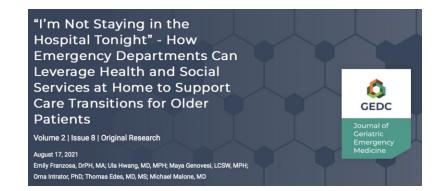


Transitions of Care in the Geriatric Emergency Department

Reflections in Practice



COVID-19 in Older Adults: Transfers Between Nursing Homes and Hospitals



Exploring Care Transitions
From Patient, Caregiver, and
Health-Care Provider
Perspectives

Volume 2 | Issue 11 | Sentinel Paper Review

September 28, 2021

Kevin T Fuji PharmD, Aaron Malsch APN, Pamela Martin APRN-BC



# **THANK YOU!**

**Questions?** 





#### Wrap Up and Next Steps

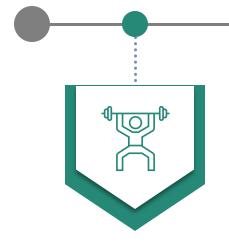


Dora Fisher, MPH, CPHQ
Director, Post-Acute and Continuing Care



# Your Path to Process Improvements

**NEXT STEPS** 



BOOTCAMP YOU ARE HERE

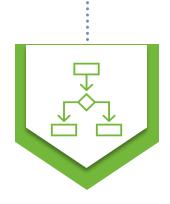




QI Implementation & Application Prep



Office Hour May 8 @ 12n CST



**GEDA Application** 

(June 30, 2023)

=/> July 1, 2023

(new guidelines)



**GEDA Level III** 





gedcolllaborative.com/hanys



### **Congratulations!** You've just completed 2.5 hours of Continuing **Professional Development**

To receive credit, must complete the course evaluation.

#### TWO WAYS TO ACCESS THE EVALUATION:

GO TO:

Gedcollaborative.com/HANYS/

And click on the Course Evaluation button

Course Evaluation



Use your phone to scan this QR code:



# **The GEDC Community**

LinkedIn Group

The GEDC Community is an exclusive forum for members of the GEDC to ask questions and share best practices in geriatric emergency care with each other through ongoing, interactive conversations. Here, we can share materials and improve the quality of care for older adults in the emergency department (ED) with the goal of reducing harm and improving healthcare outcomes.



Scan QR Code to join the LinkedIn Group Discussion

https://www.linkedin.com/groups/12784892/





# gedcollaborative.com

#### **Mission & Vision**

A world where all emergency departments provide the highest quality of care for older patients.

We transform and evaluate interdisciplinary best practice in geriatric emergency medicine, and then build and distribute practical, evidence-based clinical curriculum and quality improvement tools that support sustainable, quality care for older adults.

# Membership

GEDC Members work together to transform ED care of older adults; catalyze action at local and national levels to support these care transformations; and evaluate the impact of these new models of care for older people.

- Make your plan to become a GED
- Access to GEDC Community
- Participate in consulting services
- Access to education tools
- Implementation tools and training
- Evaluation resources



Join the GEDC

# Generously supported by





